

SPRING 2026

ACTIVITIES GUIDE

MARCH-MAY

**EGG DASH
& SPLASH**

AT SPELLERBERG
PARK

See page 11
for details.

Explore! Connect! Play!



CITY OF
SIOUX FALLS
PARKS & RECREATION



PARKS AND RECREATION OFFICE

231 NORTH DAKOTA AVENUE | 605-367-8222

SIUXFALLS.GOV/PARKS

Hours: Monday-Friday | 8 A.M.-5 P.M.



MIDCO® AQUATIC CENTER

1601 SOUTH WESTERN AVENUE | 605-367-7665

SIUXFALLS.GOV/MIDCO

Hours

Monday-Friday	5:30 A.M.-8 P.M.
Saturday	7 A.M.-6 P.M.
Sunday	12 NOON-5 P.M.

Daily Admission Rates

Ages 3 & Under	FREE
Ages 4-17	\$5
Ages 18-64	\$6
Ages 65+	\$5



CAPRA accreditation is a distinguished mark of excellence for park and recreation agencies and is a measure of an agency's overall quality of operation, management, and service to the community. The National Recreation and Park Association research team estimates that there are approximately 14,000 parks and recreation agencies nationwide, of which 1 percent have earned national accreditation. Sioux Falls Parks and Recreation is proud to be one of these elite agencies since 2010.



WESTSIDE RECREATION CENTER

8701 WEST 32ND STREET | 605-367-8222 EXT. 3

SIUXFALLS.GOV/WESTSIDE

Hours

Sunday	10 A.M.-5 P.M.
Monday-Thursday	5 A.M.-9 P.M.
Friday	5 A.M.-8 P.M.
Saturday	7 A.M.-5 P.M.

Daily Admission Rates

Ages 3 & Under	FREE
Ages 4-17	\$6
Ages 18-64	\$8
Ages 65+	\$3

MISSION | VISION | VALUES

Mission: To enhance the quality of life by providing safe and enjoyable experiences through people, programs, places, and partnerships.

Vision: To provide a comprehensive mix of high-quality parks and recreation programs, facilities, and services that contribute to a quality of life that is unparalleled in the region.

Core Values: Sioux Falls Parks and Recreation is committed to this set of Core Values. These are our highest priorities, deeply held beliefs, and core fundamental driving forces. Adopting these values guides us in sustaining a thriving parks and recreation system for our community.

- **Engagement** — We promote a culture of interactive participation and authentic, respectful communication.
- **Collaboration** — We believe in cultivating partnerships to maximize the quality of the parks and recreation system.
- **Resilience** — We accomplish our goals by developing a resilient, committed workforce that can adapt and thrive.
- **Continuous Improvement** — We focus on innovation to continuously improve our programs, facilities and services.
- **Excellence** — We are passionate about the delivery of exceptional experiences in every aspect of our work to fulfill our mission and vision.

ACTIVITIES GUIDE

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RECREATION PROGRAM

TEAM



Jackie Nelson
Recreation Manager



Deena Rogers
Recreation Center
Coordinator



Scott Juhnke
Recreation Program
Coordinator



Adam Livermore
Recreation Program
Coordinator



Wendy Peterson
Recreation Program
Coordinator



Eric Saathoff
Recreation Program
Coordinator



Heather Taylor
Recreation Program
Coordinator



Cody Clausen
Recreation Program
Specialist



Bridget Farmer
Recreation Program
Specialist



Oscar Gregorio
Recreation Program
Specialist



Andrew Peitz
Recreation Program
Specialist



Lisa Sandoz
Recreation Program
Specialist



Ben Schmunk
Recreation Program
Specialist



Stan Wallace
Recreation Program
Specialist



Adrian Smith
Lead Building
Maintenance



Shelby Scheerhoorn
Building Maintenance



Nathan Trolson
Building Maintenance

SPRING ACTIVITY GUIDE

REGISTER ONLINE!

recreation.siouxfalls.gov

▶ **EXPLORE**

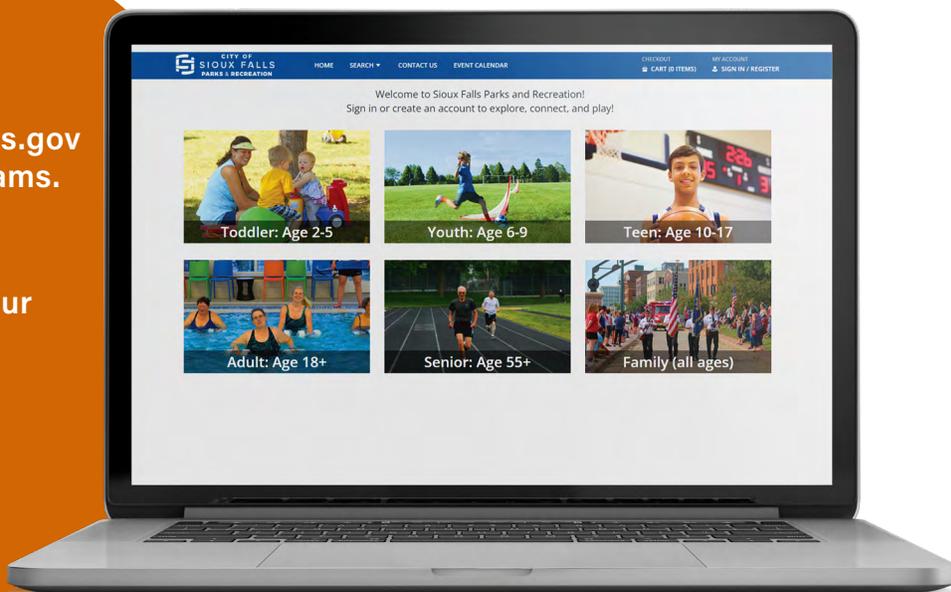
Go to recreation.siouxfalls.gov and view available programs.

▶ **CONNECT**

Add your picks to your cart and check out.

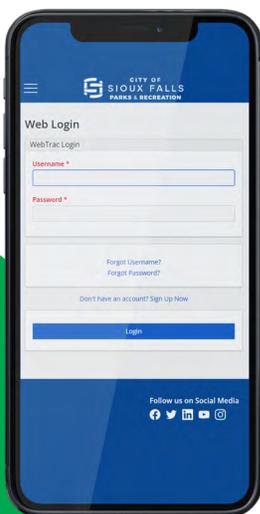
▶ **PLAY**

Check your email for program details, and get ready for fun!



▶ **SUPER EASY SIGNUP!**

Get started on your phone or computer.



▶ **HAVING TROUBLE LOGGING IN?**

Call us at 605-367-8222
(MON-FRI, 8 A.M.-5 P.M.)

New Parks & Rec App

COMING SOON

Loading...

MAKE RESERVATIONS & REGISTER FOR CLASSES AND ACTIVITIES: recreation.siouxfalls.gov



Photos taken at classes and during programs may be used by Sioux Falls Parks and Recreation for promotional purposes.

Prices are inclusive of all taxes. A card service fee may apply.

If an ADA accommodation is needed, please contact the Human Relations office at **605-367-8745** or **human.relations@siouxfalls.gov** at least five business days in advance of event.

We strive to produce the most accurate, up-to-date Activities Guide possible. However, some program information may have changed since this guide was posted.

TODDLER/PRESCHOOL

Ages 2-5

WORLD STORYTELLING DAY

ARROWHEAD HOUSE

AGES: 2-5

Join us for World Storytelling Day, a celebration of stories from around the globe! Throughout the event, community members and cultural groups will share favorite tales, folklore, and traditions that reflect the diversity of our world. Families are invited to listen, learn, and enjoy an afternoon filled with imagination, connection, and the magic of storytelling.

MAR 20 | FRI | 3:30-6:30 P.M.



PAINT AND PLANT

ARROWHEAD HOUSE 

AGES: 2-5

Let your toddler explore art and nature in our Paint and Plant program! Children will decorate a flowerpot with bright paints and fun designs, then learn how to plant and care for their very own seedling. This engaging activity supports fine motor skills, creativity, and early environmental awareness. Each participant leaves with a personalized potted plant to nurture at home.

Registration required.

APR 25 | SAT | 1-2 P.M. | \$5 PER CHILD

SPRING NATURE EXPLORERS

TUTHILL PARK 

AGES: 4-5

Nature provides children with many opportunities for discovery and creativity. Bring your toddler and explore nature with us! We will create a fun nature craft, go on an exploration walk, and read a children's wilderness story. Each date will have a different theme! Week One: Birds. Week Two: Music of Nature. Week Three: Pollinators. **Parent participation and registration is required.**

MAY 7 | THU | 4-5 P.M. | \$5 PER CHILD

MAY 14 | THU | 4-5 P.M. | \$5 PER CHILD

MAY 21 | THU | 4-5 P.M. | \$5 PER CHILD



Looking for more **fun** for toddlers?

Check out our offerings at:

- Westside Recreation Center: **pages 18–23**
- Jacobson Plaza: **pages 24–27**
- Midco® Aquatic Center: **pages 28–31**





YOUTH

Ages 6-9



YOUTH CHESS FREE

ARROWHEAD HOUSE [REGISTER](#)

AGES: 6-9

Join us at the scenic Arrowhead House after school for fun, friendly games of chess. We will try to pair you up with players of similar skill levels. If you are new to chess, we will teach you the rules and a few strategies to use in the game. **Registration required.**

MAR 4-APR 1 | WED | 6-8 P.M.



YOUTH ARCHERY

GREAT BEAR RECREATION PARK [REGISTER](#)

AGES: 6-9

Archery is a fun activity that can help teach sportsmanship, patience, and self-confidence. Youth Archery will provide the opportunity to try out this sport or brush up on your archery skills! Equipment will be provided. **Registration required.**

APR 18 | SAT | 10-11 A.M. | \$5 PER CHILD



PLANT AND GROW

ARROWHEAD HOUSE [REGISTER](#)

AGES: 6-9

Come and learn the secret behind how a plant grows. Children who garden have shown increased responsibility, self-awareness, and a higher likelihood of eating healthy foods, including fruits and vegetables. After learning about plant characteristics, participants will decorate a flowerpot and plant their very own plant to take home. **Registration required.**

APR 25 | SAT | 2:30-3:30 P.M. | \$5 PER CHILD

Looking for more fun for youth?

Check out our offerings at:

- Westside Recreation Center: **pages 18-23**
- Jacobson Plaza: **pages 24-27**
- Midco® Aquatic Center: **pages 28-31**



TWEEN/TEEN

Ages 10-17

TEEN CHESS FREE

ARROWHEAD HOUSE REGISTER

AGES: 10-17

Join us at the scenic Arrowhead House after school for fun, friendly games of chess. We will try to pair you up with players of similar skill levels. If you are new to chess, we will teach you the rules and a few strategies to use in the game. **Registration required.**

MAR 4-APR 1 | WED | 6-8 P.M.



Looking for more fun for teens?

Check out our offerings at:

- Westside Recreation Center: pages 18-23
- Jacobson Plaza: pages 24-27
- Midco® Aquatic Center: pages 28-31



TEEN ARCHERY

GREAT BEAR RECREATION PARK REGISTER

AGES: 10-17

Archery helps teens improve their focus and determination while participating in a unique outdoor adventure sport. Come try the sport for the first time or practice your skills at this teen archery program. Materials and instruction provided. **Registration required.**

APR 18 | SAT | 11 A.M.-12 NOON | \$5 PER PARTICIPANT

JR. BIRDERS

AGES: 10-13 REGISTER

Explore the world of birds and sharpen your observation skills in this fun, hands-on birdwatching program for ages 10-13. Join our expert birding guide to learn how to recognize different bird calls, use binoculars like a pro, and head out on an exciting scavenger hunt to spot birds in the area. Build patience, focus, and a deeper connection to nature along the way. Binoculars provided. **Registration required.**

MAY 12 | TUE | 6-7 P.M. | \$5 PER CHILD | FAMILY PARK

MAY 19 | TUE | 6-7 P.M. | \$5 PER CHILD | TERRACE PARK

SHERMAN PARK NERF BATTLE

SHERMAN PARK

Get ready for an epic showdown of action-packed Nerf battling filled with laughter, strategy, and friendly competition. Participants will navigate exciting, natural obstacles, take on thrilling challenges, and create unforgettable memories. Whether you're teaming up or going head-to-head, this event promises fun for you and your kiddos! Gear up and let the Nerf games begin! We will split into age-appropriate groups. Please bring your own protective eye gear and Nerf guns.

REGISTRATION REQUIRED.

MAY 16 | SAT | 1-3 P.M.

AGES: 10-17



ADULT

Ages 18+

SOCIAL CONNECTIONS FREE

TUTHILL HOUSE REGISTER

AGES: 18+

Join us for Social Connections, a comfortable, supportive space for adults on the autism spectrum. Enjoy a positive, low-pressure environment to hang out, meet new people, and take part in puzzles, riddles, games, or simply relax with a snack and drink at your own pace. Staff will be available to support and encourage connections. **Registration required.**

MAR 9 | MON | 6-7:30 P.M.

APR 6 | MON | 6-7:30 P.M.

MAY 4 | MON | 6-7:30 P.M.

STEP INTO SPRING 5K



FAMILY PARK REGISTER

AGES: 18+

Shake off the winter blues with Sioux Falls Parks and Recreation at our Step Into Spring 5K and walk at Family Park. Whether you are an experienced runner or starting a couch-to-5K goal, all are welcome. The route features clearly marked turning points to guide participants. **Runners who register by March 3 will receive a Spring Fun Run/Walk T-shirt. Runner check-in and day-of registration begin at 9 a.m.**

MAR 21 | SAT | 10-11:30 A.M. | \$10 PER PARTICIPANT



Looking for more fun for adults?

Check out our offerings at:

- Westside Recreation Center: **pages 18–23**
- Jacobson Plaza: **pages 24–27**
- Midco® Aquatic Center: **pages 28–31**



ADULT ARCHERY

GREAT BEAR RECREATION PARK REGISTER

AGES: 18+

Learn the basics of archery with compound bows, from proper stance and technique to fun shooting challenges, in an afternoon of outdoor fun. A trained Recreation Program Specialist will guide you through this exciting sport.

Registration required.

APR 18 | SAT | 1-2 P.M. | \$8 PER PARTICIPANT

YOUNG TREE PRUNING: THE BASICS FREE

PRAIRIE MEADOWS PARK REGISTER

AGES: 18+

Own a new or young tree but not sure how to care for it? Join us for an afternoon of arboreal education and fun! An experienced arborist will demonstrate best practices for young tree care and guide you as you try your hand at pruning. Don't leave us hanging—sign up today! **Registration required.**

MAY 9 | SAT | 1-2 P.M.

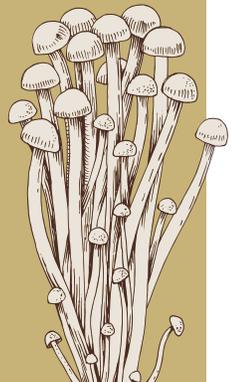
WILD MUSHROOM HIKE FREE

LEADERS PARK REGISTER

AGES: 18+

Hit the trails of Leaders Park this May for a guided wild mushroom search! Explore the woods, learn to identify seasonal fungi, and discover the hidden world beneath your feet. Perfect for curious adults who enjoy nature, hiking, and adventure. Dress for slippery, muddy trails. **Registration required.**

MAY 17 | SUN | 1-2 P.M.



SENIORS

Ages 65+



NATIONAL PLANT A FLOWER DAY: SENIOR SOCIAL FREE

TUTHILL PARK

AGES: 65+

Celebrate National Plant a Flower Day with a relaxing social just for seniors! Enjoy light refreshments, friendly conversation, and a hands-on planting activity where each participant will plant a beautiful spring flower in a pot to take home. This cheerful event is a great way to welcome the season, connect with others, and add a little extra color to your day.

MAR 13 | FRI | 3-4 P.M.

SENIOR ARCHERY

GREAT BEAR RECREATION PARK REGISTER

AGES: 65+

Learn the basics of archery while using compound bows. From proper technique and stance to shooting challenges, you are sure to enjoy an afternoon of outdoor fun! Our trained Recreation Program Specialist will teach you about this fun sport. **Registration required.**

APR 18 | SAT | 2-3 P.M. | \$8 PER PARTICIPANT

Looking for more fun for seniors?

Check out our offerings at:

- Westside Recreation Center: pages 18–23
- Jacobson Plaza: pages 24–27
- Midco® Aquatic Center: pages 28–31



SENIOR RECREATION TRAIL TOURS FREE

JACOBSON PLAZA REGISTER

AGES: 65+

This experience is for those who are not able to explore our beautiful bike trail system on their own. Round trip golf cart tours will allow you to experience stunning views of the river, parks, and wildlife. Participants must be able to transfer onto and off of the golf carts independently. Tours leave on the hour, so please arrive early. **Registration required.**

MAY 27 | WED | 1-2 P.M., 2-3 P.M., OR 3-4 P.M.

MAY 28 | THU | 1-2 P.M., 2-3 P.M., OR 3-4 P.M.

SENIOR GAMES

VARIOUS LOCATIONS REGISTER

AGES: 50+

Track and field, golf, bowling, pickleball, and many more activities designed just for seniors are open for participation. Join your friends for fun, competition, and fellowship during the most active days of the summer. Brochure available at siouxfalls.gov/senior-games or call 605-367-8222 for details. If registering online, please e-mail registration form, with your chosen events, to andrew.peitz@siouxfalls.gov. **Fee: \$10 for early registration; \$15 after May 8.** *Bowling and golfing have additional fees that are payable at time of event.*

MAY 28 | THU | 4-7 P.M.

MAY 29 | FRI | 8 A.M.-7 P.M.

MAY 30 | SAT | 8 A.M.-5 P.M.

ALL AGES



FULL MOON HIKE FREE

GREAT BEAR RECREATION PARK [REGISTER](#)

ALL AGES

Come out and see Sioux Falls under the full moon glow! This full moon is the Worm Moon, the final full moon of winter in the Northern Hemisphere. Children must be accompanied by a registered adult. Participants must be able to hike one mile on uneven terrain. Please wear sturdy shoes and bring a flashlight if you wish. **Registration required.**

MAR 3 | TUE | 6-7 P.M.

DOGGIE SPRING FLING

FAMILY PARK [REGISTER](#)

ALL AGES

Join us for our fourth annual Doggie Spring Fling with prizes for all sizes! Easter eggs will have a piece of paper inside that will correlate to a prize at our prize table! You and your dog may collect up to five eggs for up to 10 prizes! Enjoy dog crafts and photo opportunities throughout the event. The egg hunt will start PROMPTLY at 1 p.m. **Registration required.**

MAR 28 | SAT | 1 P.M. | \$5 PER PARTICIPANT



Looking for more fun for all ages?

Check out our offerings at:

- Westside Recreation Center: **pages 18–23**
- Jacobson Plaza: **pages 24–27**
- Midco® Aquatic Center: **pages 28–31**



TRAIL HUNT

GREAT BEAR RECREATION PARK [REGISTER](#)

ALL AGES

Join us for a trail egg hunt! This springtime egg hunt is for the whole family to enjoy. As you walk the trail along the pond of Great Bear, you will search for eggs with special prizes inside. The egg hunt will start promptly at 6:10 p.m. There will be separate sections for Toddlers ages 2-5, Youth ages 6-10 and Tween/Teens ages 11-17. Please sign up all individuals that will be collecting eggs. **Registration required.**

APR 3 | FRI | 6-7 P.M. | \$5 PER PARTICIPANT



EGG DASH and Splash

SPELLERBERG PARK FREE

We are egg-cited to be hosting Egg Dash and Splash again this year! Join us outside for a fun afternoon collecting eggs while also enjoying inflatables and other outdoor parks and recreation activities! Once participants have completed their age group "hunt," they are welcome to enjoy the inflatables for the rest of the time. No registration required.

APR 4 | SAT | 1-4:30 P.M.

EGG HUNT TIMES:

**AGES 0-2 & 3-4:
1-1:40 P.M.**

**AGES 5-6 & 7-10:
2-2:40 P.M.**

**AGES 10+ (FAMILIES):
3-4 P.M.**



The fun doesn't stop at the egg hunt though! Midco® Aquatic Center is right next door and will have open swim until 6 p.m.



FREE with Daily Admission or Active Swim Pass. No additional fee required.



NATIONAL PET DAY PAWTY FREE

KIRBY DOG PARK
ALL AGES

Let your pup unleash their inner artist! Dogs will create their own tongue-painted canvas masterpiece, plus make adorable paw-print ink art and more. Messy, creative, and tail-wagging fun, your pup will leave with one-of-a-kind art and big smiles. All supplies are pet-safe and provided. Come pawty with us! No registration required.

APR 11 | SAT | 1-3 P.M.



SUNSET FISHING FREE

ALL AGES

Whether you enjoy fishing or would like to learn how to fish, this program is for you! Fishing is a great way to relieve stress while spending time outdoors. Sioux Falls Parks and Recreation will provide all the necessary equipment for you and your family to have an enjoyable evening of fishing. Poles and bait will be available on a first-come, first-served basis. Individuals 16 and older must have a valid South Dakota fishing license. No registration required.

APR 21 | TUE | 6-8 P.M. | FAMILY PARK
APR 28 | TUE | 6-8 P.M. | TERRACE PARK

Athletic Practice Field Locations

Visit the site or scan the QR code for specifics on practice fields, sports associations, and more!

siouxfalls.gov/sports

BRANCH OUT!

EARTH & ARBOR DAY FESTIVAL

MARY JO WEGNER ARBORETUM FREE
ALL AGES

Join Sioux Falls Parks and Recreation along with the Mary Jo Wegner Arboretum for an evening filled with trees, nature, and hands-on fun for all ages. Plant, play, explore, and learn as we bring Earth Day and Arbor Day together for one big eco-friendly celebration! From crafty creations to outdoor adventures, there's something for everyone to enjoy. No registration required.

APR 24 | FRI | 5-7 P.M.



INTRO TO PICKLEBALL FREE

RIVERDALE PARK REGISTER

ALL AGES

Have you heard about the sports sensation that is sweeping the country? Pickleball is a fun sport that anyone can learn and if you have been wanting to give it a try but haven't found the right time, this could be it! You can bring your own paddle, but we have some for you. Come alone or bring a friend because we will also be talking about where you can meet people to play Pickleball after we are done.

Registration required.

APR 25 | SAT | 9-11 A.M.



NATIONAL ARCHERY DAY FREE

GREAT BEAR RECREATION PARK REGISTER

ALL AGES

May 9th is National Archery Day. Never held a bow? No problem! We can teach you! We will have games and tests of skill for people of all ages and abilities. No bow, no problem! We will bring our bows so that you don't have to!

Registration required.

MAY 9 | SAT | 3-5 P.M.



STAR WARS DAY FREE

SHERMAN PARK

ALL AGES

In the near future, in a park not so far, far away... Sioux Falls' Star Wars Day! Join us in the park for some intergalactic fun! Feel free to dress up as your favorite character and participate in our fun-themed activities like Pop a Death Star and the Ewok Smash! Some familiar faces might be milling about, so come take a picture and have a blast! No registration required.

MAY 3 | SUN | 2-4 P.M.



NATIONAL KIDS TO THE PARK DAY FREE

FAMILY PARK

ALL AGES

Celebrate National Kids to the Park Day and kick off summer with a fun-filled day in the park! Youth ages 15 and under can participate in a Fish-A-Thon with prizes awarded for the largest fish, smallest fish, and most fish caught, while families enjoy additional activities including a fun archery setup, a Design-a-Park station, and more hands-on outdoor fun. Fishing poles and bait will be available on a first-come, first-served basis; participants ages 16 and older must have a valid South Dakota fishing license. No registration required.

MAY 16 | SAT | 9-11 A.M.



LEAGUES/ TOURNAMENTS



PICKLEBALL LEAGUE [REGISTER](#)

WESTSIDE RECREATION CENTER

AGES: 18+

Enjoy an eight-week season of fast-paced games, skill-building, and friendly competition, all leading up to an exciting single-elimination tournament. Whether you're playing to win or just love the game, this league is a great way to stay active, meet new players, and have a blast on the court.

WOMEN'S DOUBLE LEAGUE: MARCH THROUGH MAY
REGISTRATION AND PAYMENT DEADLINE: 5 P.M. SAT, MAR 7

MAR 17 | TUE | 6:30/7:30 P.M. | \$80 PER TEAM

COED DOUBLE LEAGUE: MARCH THROUGH MAY
REGISTRATION AND PAYMENT DEADLINE: 5 P.M. SAT, MAR 7

MAR 19 | THU | 6:30/7:30 P.M. | \$80 PER TEAM

TAKE IT EASY WITH E-BIKES. THEY ACCELERATE FAST.

Get smart before you start and learn the rules of the road and trails in Sioux Falls.

Visit: siouxfalls.gov/bike-safety





BOYS 3 V 3 BASKETBALL TOURNAMENT

WESTSIDE RECREATION CENTER [REGISTER](#)

AGES: 12-15

In honor of March Madness, we are offering a one-day 3v3 basketball tournament for boys. Boys will play in a round-robin style and then be seeded into a single-elimination tournament.

REGISTRATION AND PAYMENT DEADLINE: 5 P.M. TUE, MAR 10

MAR 21 | SAT | 9 A.M. | \$50 PER TEAM



**RESERVE A SHELTER FOR
YOUR UPCOMING FAMILY
GATHERINGS IN THE PARKS.**

siouxfalls.gov/reserve-shelter



CITY OF SIOUX FALLS GRADE LEVEL CHAMPIONSHIP

Date: Saturday, March 28

Location: Abiding Savior Academy

Time: 8:30 A.M.–3 P.M.

**All Skill Levels: Compete, Have Fun,
Earn Prizes, and More!**

Chess4Life
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<https://bit.ly/SFChess26>



SCAN THE QR
CODE TO REGISTER
FOR THE EVENT!



MOTHER'S DAY PICKLEBALL TOURNAMENT

WESTSIDE RECREATION CENTER [REGISTER](#)

AGES: 18+

Come join us for a fun Mother's Day pickleball tournament! Here you will partner with your daughter to play in a fun one-day pickleball tournament! Prizes will be awarded to the top two teams in the end.

REGISTRATION AND PAYMENT DEADLINE: 5 P.M. SUN, APR 26

MAY 9 | SAT | 9 A.M. | \$80 PER TEAM



SAND VOLLEYBALL LEAGUE

AGES: 18+ [REGISTER](#)

Our 2026 Sand Volleyball Season is set to serve on May 18! Join us at either Riverdale Park or Cherry Rock Park as we have a wide range of offerings sure to fit anyone's schedule and skill level. Game times will be played at either 6:15 p.m. or 7:15 p.m. for an eight-week season. **Register by May 8 at 5 P.M.**

Monday	Coed Rec	Cherry Rock
Monday	Men's B	Riverdale
Tuesday	Women's B	Riverdale
Tuesday	Women's Rec	Riverdale
Tuesday	Coed B	Cherry Rock
Wednesday	Coed Rec	Cherry Rock
Wednesday	Coed B	Riverdale
Thursday	Women's Rec	Cherry Rock
Thursday	Coed Rec	Riverdale

**MAY-JUL | MON, TUE, WED, AND THU | 6:15 P.M., 7:15 P.M.
\$75 PER TEAM**



**THERE IS NO POOP FAIRY.
PLEASE PICK UP AFTER YOUR PET.
THANK YOU!**

WE LOVE DOGS, BUT THEIR HUMANS NEED SOME TRAINING!

It is unlawful to:

- Have a dog off leash in any park
- Not pick up your dog's poop.

Let's work together to keep our parks enjoyable for all by eliminating irresponsible dog ownership.



PARK MADNESS

SIoux FALLS PARKS & RECREATION

WELCOME TO THE 2ND ANNUAL PARK MADNESS TOURNAMENT!

Get ready, Sioux Falls! It is time for Parks & Recreation's biggest competition of the year. Park Madness 2026 is officially here. We are so excited to bring this tournament back for its second year to celebrate the amazing outdoor green spaces in our city.

Park Madness is just like the NCAA tournament except the teams are our local parks. It will be a head-to-head battle and only one can be the Sioux Falls favorite!

CAST YOUR VOTE

Starting March 1, the voting begins!

Online: Look for voting links in our social media Stories or right here on our website.

In Person: Pick up a paper bracket at Midco® Aquatic Center, Jacobson Plaza, or Westside Recreation Center. Fill it out and play along at home!

SCAN TO



VOTE!



Dates

What's Happening

March 1–2

VOTING: Let the madness begin!
All 64 parks face off

March 3

We announce the winners moving to the Round of 32.

March 4–5

VOTING: The field narrows to the top 32.

March 6

See the biggest upsets and the "Sweet 16" lineup.

March 7–8

VOTING: Things are heating up! Is your favorite park still in it?

March 9

We announce the "Elite 8" finalists.

March 10–11

VOTING: "Head-to-Head" battles between the top 8.

March 12

The "Final Four" are revealed!

March 13–14

VOTING: Deep dives into our four semi-finalists.

March 15

THE BIG GAME: One day to crown the #1 park!



@siouxfallsparks



@siouxfalls.parks

WESTSIDE RECREATION CENTER

 All classes and programs are free with daily admission or to pass holders unless otherwise noted.

STAY ACTIVE AND INDEPENDENT FOR LIFE (SAIL)

AGES: 65+ [REGISTER](#)

SAIL is a 12-week strength, balance, and fitness program designed for adults 65+. Participants improve balance and mobility, reduce their risk of falls, and improve their quality of life while having fun meeting new people. Experienced and skillful instructors teach each class. Classes are tailored to active older adults who wish to maintain or increase their fitness level. Chairs will be available as needed. It is recommended that you attend two classes per week. Please bring a bottle of water along to class. **Registration required.**

FEB 2-MAY 4 | MON, WED | 9-10 A.M.

FEB 3-APR 23 | TUE, THU | 1-2 P.M.

pool treasure hunt

AGES: 2-4 

This program is designed to refine hand-eye coordination, strategic thinking, and sensory exploration while adding a splash of adventure! We will put hidden treasure in the water for the kids to collect, along with fun water toys and cups to pour!

MAR 2 | MON | 10-10:45 A.M.

MAR 16 | MON | 10-10:45 A.M.

MAR 30 | MON | 10-10:45 A.M.

APR 13 | MON | 10-10:45 A.M.

APR 27 | MON | 10-10:45 A.M.

MAY 11 | MON | 10-10:45 A.M.

XPLOSION

AGES: 18+

45 minutes of high-intensity functional training. This class is completely different than what you are used to. Come shock your body and see the results. Please come early to get acquainted with the equipment.

MAR 2-MAY 27 | MON, WED | 6-6:45 P.M.



KARATE

AGES: 8+ [REGISTER](#)

An 8-week-long class series where students will learn karate fundamentals and focus on building self-confidence, self-control, and self-defense skills.

Registration required.

MAR 3-APR 30 | TUE, THU | 5:30-6:15 P.M. | \$80 PER PERSON

MAY 18-JUL 2 | TUE, THU | 5:30-6:15 P.M. | \$80 PER PERSON

CHESS AT WESTSIDE

AGES: 6-18 [REGISTER](#)

Join us at the Westside Recreation Center after school for fun, friendly games of chess. We will try to pair you up with players of similar skill levels. If you are new to chess, we will teach you the rules and a few strategies to use in the game.

Registration required.

MAR 2-30 | MON | 6-8 P.M.



AQUA FITNESS

AGES: 18+

Join us at the Westside Recreation Center for an aquatic workout! These full-body workouts will have you feeling energetic and refreshed after these 45-minute classes.

MAR 2-MAY 27 | MON, WED | 9:15-10 A.M.

MAR 6-MAY 29 | FRI | 9-9:45 A.M.



CYCLING

AGES: 18+

ROAD TRIP! Indoor cycling offers a great cardio workout. Riding to some booming beats, you'll experience high-intensity intervals, long slow hills, soaring sprints, and more—with plenty of short breaks. Bring a hand towel and water bottle and prepare for time to fly (and your pedals, too!). First timers: please come early for a quick intro and bike fitting!

MAR 3-MAY 29 | TUE, THU, FRI | 5:30-6:15 A.M.

MAR 3-MAY 28 | TUE, THU | 5:45-6:30 P.M.

MAR 7-MAY 30 | SAT | 8:30-9:15 A.M.

BEATS & SEATS

AGES: 18+

Improve cardio fitness with this low/no impact chair dance class. This class is a blast with new music and fun each week!

MAR 3-MAY 26 | TUE | 8:45-9:30 A.M.



AMAZING ALPHABET

AGES: 2-4 

A is for Awesome and Z is for Zooming into fun! Join us on a whirlwind journey through the ABCs with games, stories, songs, and silly surprises at every letter! Whether you're dancing with D, jumping with J, or roaring with R, there's something exciting for every little learner. Perfect for preschoolers and early readers—because learning letters should be amazing!

MAR 4-MAY 27 | WED | 9-9:45 A.M.



GOLDEN FITNESS

AGES: 65+

This 30-minute class enables older adults to maintain an active and independent lifestyle, helping improve flexibility, balance, strength, and cardiovascular health.

MAR 2-MAY 28 | MON, THU | 10:30-11:15 A.M.

CHAKRA FLOW

AGES: 18+

We begin with breathwork and mudras while seated in a chair. Participants are welcome to remain in the chair throughout the session if it is more comfortable. The movement is more expressive and outward focused compared to our Chair Yoga class (focusing on restraint and control).

MAR 2-MAY 25 | MON | 1-1:45 P.M.



CHAIR YOGA

AGES: 65+

A supportive and accessible yoga practice using a chair for stability. Improve flexibility, strength, and relaxation without getting on the floor. Ideal for seniors, those with limited mobility, or anyone wanting a gentle yet effective practice.

MAR 4-MAY 29 | WED, FRI | 11-11:45 A.M.



DRUM CORE

AGES: 18+

A high-energy workout that combines cardio, muscle conditioning, balance, and flexibility with all of the fun of drumming to the beat on yoga balls. Such a fun workout and truly designed for everyone!

MAR 5-MAY 28 | THU | 9:45-10:30 A.M.

TABATA BLAST

AGES: 18+ 

Quick, maximum-effort exercises followed by short recovery periods will be sure to get your heart pumping! Designed for adults and older teens who work out regularly. Go hard, rest, go hard again!

MAR 7-MAY 30 | SAT | 9:30 A.M.



XPLOSION KIDS

AGES: 7-11 

A variety workout class just for kids! Warm up, agility, basic movement, partner workouts, floor mobility, and cool down. Parents are welcome to stay and exercise with their kids if they would like. Meet new friends and have some fun!

MAR 7-MAY 30 | SAT | 10:15 A.M.



STAYING CONNECTED FOR SENIORS

AGES: 65+

Have questions about your phone, tablet, laptop, or other tech devices? Tech Help for Seniors is a friendly, small-group class for older adults who want help using phones, tablets, laptops, and other devices. Bring your own device and your questions, and get step-by-step guidance with everyday tasks like sending emails, downloading apps, changing settings, and staying connected with family and friends online.

MAR 10 | TUE | 9-10:30 A.M.

MAR 24 | TUE | 9-10:30 A.M.

APR 17 | FRI | 9-10:30 A.M.

APR 28 | TUE | 9-10:30 A.M.

MAY 12 | TUE | 9-10:30 A.M.

MAY 26 | TUE | 9-10:30 A.M.

NATIONAL PLANT A FLOWER DAY

ALL AGES [REGISTER](#)

Celebrate National Plant a Flower Day with a hands-on gardening craft for kids! Children will paint a flowerpot and plant a flower to take home and watch grow over the spring. All supplies are provided. Parent participation required. **Registration required.**

MAR 12 | THU | 5-6:30 P.M. | \$5 PER PARTICIPANT



art exploration



AGES: 3-5

Does your child love to explore their creative side? Do they like to try new things? In our Art Exploration series, your little one can do just that as they are guided through fun, hands-on activities designed to unleash their imagination and kickstart their artistic journey. This series is a creative playground for your child where each session will focus on experimenting with different kinds of art!

- MAR 13 | FRI | 9-9:45 A.M.
- MAR 27 | FRI | 9-9:45 A.M.
- APR 10 | FRI | 9-9:45 A.M.
- APR 24 | FRI | 9-9:45 A.M.
- MAY 8 | FRI | 9-9:45 A.M.
- MAY 22 | FRI | 9-9:45 A.M.



9-SQUARE

AGES: 10-18

Come out and challenge your friends to a game of 9-Square. Here, we will play a fast-paced volleyball-like game that requires quick reaction times! It'll sure have a lot of laughs too. It's an open gym game, so players can come and go as they like and rotate through games.

- APR 3 | FRI | 1-2 P.M.
- APR 24 | FRI | 6-7 P.M.

INTRO TO PICKLEBALL

ALL AGES [REGISTER](#)

Have you heard about the sports sensation sweeping the country? Pickleball is a fun sport that anyone can learn. If you've been wanting to give it a try but haven't found the right time, this could be it! You can bring your own paddle, but we have some for you. Come alone or bring a friend because we will also be talking about where you can meet people to play pickleball after we are done.

Registration required.

- APR 11 | SAT | 9-11 A.M.



POWER HOUR

AGES: 7-13

Get ready to move, play, and power up! Power Hour for Kids is a high-energy program that keeps kids active and engaged through fun games, challenges, and skill-building activities. Participants rotate through fast-paced stations—like relay races, fitness games, creative movement, and brain-boosting challenges—while building teamwork, confidence, and healthy habits in a safe, supportive environment.

- MAR 29 | SUN | 2-3 P.M.
- APR 19 | SUN | 2-3 P.M.
- MAY 24 | SUN | 2-3 P.M.

FREE with daily admission or to pass holders

Westside Recreation Center Rate Sheet





JUNIOR LIFEGUARD

AGES: 11+ **REGISTER**

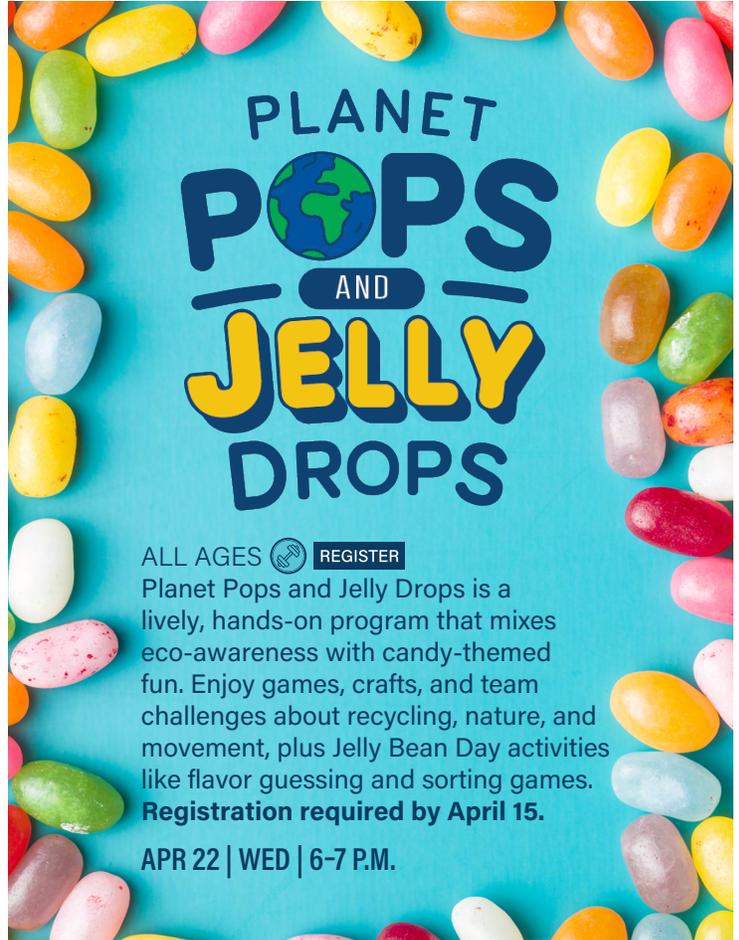
This every other Saturday program is designed to improve young people's physical conditioning, understanding, and respect for the environment around them with preventative life-guarding skills and mock rescues with each week learning progressive skills and written tests at the end for a fun educational certification of showing off all they learned. **Registration is required by April 4.**

APR 11 | SAT | 12 NOON-1:30 P.M.

APR 25 | SAT | 12 NOON-1:30 P.M.

MAY 2 | SAT | 12 NOON-1:30 P.M.

MAY 16 | SAT | 12 NOON-1:30 P.M.



PLANET POPS AND JELLY DROPS

ALL AGES  **REGISTER**

Planet Pops and Jelly Drops is a lively, hands-on program that mixes eco-awareness with candy-themed fun. Enjoy games, crafts, and team challenges about recycling, nature, and movement, plus Jelly Bean Day activities like flavor guessing and sorting games. **Registration required by April 15.**

APR 22 | WED | 6-7 P.M.

BIRDHOUSE Creations

ALL AGES 

It's that time of the year when birds start chirping! Join us for a creative afternoon to craft your own birdhouse with a variety of crafting materials. Everything will be provided by us, just come with an open and creative mind! Then take home an awesome birdhouse to display! This event is open to all ages, just make sure to **register by April 6 to guarantee your spot!**

APR 18 | SAT | 1-2:30 P.M.



REGISTRATION REQUIRED



CHALK THE WALK

ALL AGES **FREE**

In honor of Earth Day, get creative with us at the Westside Rec Center sidewalks. We will have LOTS of chalk for anyone of all ages to come out and show off their masterpiece on the walkway outside! Join us for a Saturday morning full of fun coloring, weather permitting. No registration or membership required.

APR 25 | SAT | 10 A.M.-12 NOON



HEART & ART with Mom

ALL AGES

Celebrate the bond between moms and kids in this guided art session. Each pair will create a personalized portrait using kid-friendly materials, resulting in a meaningful keepsake—perfect for Mother’s Day. All materials are provided; please bring your own photos (size 5x7 or smaller).

MAY 9 | SAT | 12 NOON-1 P.M.



New Indoor Play Area Coming Soon!

siouxfalls.gov/westside

WESTSIDE SUMMER KICK-OFF

ALL AGES FREE

Celebrate the end of the school year with a high-energy, fun-filled party at the Westside Recreation Center! Join us for a completely FREE community event in our parking lot featuring a live DJ, a bouncy house, and classic carnival games for kids of all ages. This event is the perfect way to kick off summer, meet friends, and enjoy an evening of music, laughter, and nonstop fun. No registration or membership required.

MAY 21 | THU | 5:30-7:30 P.M.



ALL AGES REGISTER

Get ready for a high-energy day of teamwork and fun at the Great Family Adventure! Families explore the Westside Recreation Center together, solving clues and completing physical and mental challenges at their own pace. Designed for all ages and abilities, the focus is on cooperation, communication, and creativity—not speed. With puzzles, obstacle challenges, scavenger hunts, and mini-games, it’s a great way to make memories and celebrate teamwork. Ideal for families with children ages 5 and up. **Registration required by May 16.**

MAY 23 | SAT | 12 NOON-2 P.M.



JACOBSON PLAZA

AT THE FALLS



MARIO PARTY

LLOYD LANDING [REGISTER](#)

AGES: 8-12

Mario Party is a self-guided, multi-station event inspired by the classic Nintendo party game series. Participants move freely between themed stations, completing simple challenges, crafts, or activities. Each completed station earns participants a Power Star Sticker. After collecting a set number of stars (5-6), they may redeem them at the Question Block Prize Station. **Registration required.**

MAR 8 | SUN | 9-10 A.M. | \$5 PER PARTICIPANT

PAINT THE ICE RIBBON [FREE](#)

JACOBSON PLAZA

ALL AGES

As we wrap up the ice-skating season, we invite you to come transform the ribbon into your beautiful artwork. Grab your friends and family and unleash your inner artists. Sioux Falls Parks and Recreation will provide brushes and paint for you to bring your colorful masterpiece to life. No Registration required. *Date is subject to change and will be held the day after we close the ice-skating rentals for the season.*

MAR 19 | THU | 4-6 P.M.

WALK WITH EASE [FREE](#)

JACOBSON PLAZA [REGISTER](#)

AGES: 18+

The Arthritis Foundation's "Walk With Ease" program is an 18-session walking program designed to help adults living with arthritis better manage their pain, and for adults without arthritis who want to make walking a regular habit. Individuals will use the Walk With Ease workbook to do the program on their own with assistance from a leader. This program shows how to reduce pain, increase balance, and improve walking pace. Walk With Ease provides participants with the information and tools they need to develop a safe exercise routine that fits their unique needs and goals. Participants must be able to be on their feet for 10 minutes without increased pain or assistance from another participant. **Registration is required prior to the first session.**

MAR 24-APR 30 | TUE, WED, THU | 9-10 A.M.



SOAR INTO SPRING: KITE WORKSHOP

FAWICK PARK [REGISTER](#)

AGES: 5-17

Join us for a kite workshop where each participant will receive a kite kit along with all the craft supplies needed to decorate and assemble a one-of-a-kind kite. Once your masterpiece is complete, take it out onto the lawn and watch it soar, twist, and dance in the spring breeze. There is nothing quite like the feeling of your creation catching the wind. **Space is limited, so be sure to register by April 6.**

APR 12 | SUN | 1-2:30 P.M. | \$5 PER PARTICIPANT



SKATE PARTY: DISCO & DAISIES

JACOBSON PLAZA SKATE RIBBON **REGISTER**
ALL AGES

Lace up and roll into the season at Jacobson Plaza! This themed, drop-in roller skating event is the perfect way to kick off a new season of fun on wheels. Whether you're a first-time skater or a seasoned pro, the rink will be open to all experience levels—just show up, lace up, and join the groove. On-site skate rentals will be available for only \$3, so everyone can get in on the action. **Registration required.**

APR 26 | SUN | 5-7 P.M.

DERBY DAY

JACOBSON PLAZA | ALL AGES **FREE**

Step into spring at our family-friendly Derby Day with big hats, bright bow ties and over-the-top toppers. Enjoy hat-making, a playful mock race and Derby-inspired games and activities—no gambling, just fun festive attire and fresh spring fashion.

MAY 2 | SAT | 1-2:30 P.M.



ROLL INTO SPRING:

The Skate Ribbon will be transitioning for spring roller skating—visit explorefthefalls.org for updates.





RECREATION CORNHOLE LEAGUE FREE

JACOBSON PLAZA REGISTER

AGES: 18+

Grab a partner and join our adult recreational cornhole league! Teams of two will play weekly games over five weeks, followed by a playoff and championship tournament. This laid-back league is all about fun and friendly competition—no experience needed. Just come ready to toss bags, meet new people and enjoy time with your teammate. Team requirement: two-player teams only (no individual sign-ups; substitutes allowed before playoffs). **Registration is required prior to May 11.**

MAY 13-JUNE 24 | WED | 6-8 P.M.



YOGA IN THE PARK FREE

LLOYD LANDING

AGES: 18+

Come enjoy our beautiful park system and take a deep breath of fresh air while gaining flexibility, better posture, and learning stress-relieving moves through yoga! Limited mats available on a first come basis.

MAY 23-AUG 29 | SAT | 8 A.M.



JR. BIRDERS FREE

LLOYD LANDING REGISTER

AGES: 10-13

Discover local birds and build your observation skills in this hands-on birdwatching program. Join an expert guide to learn bird calls, practice using binoculars and head out on a bird scavenger hunt. Along the way, you'll boost your focus, patience and connection to nature. Binoculars provided.

Registration required.

MAY 26 | TUE | 6-7 P.M.



- Control your speed
- Be careful at crossings
- Look both ways
- Advise others when passing
- Groups of trail users should never occupy the full width of the recreation trail

SPEED LIMIT 15



For more information on the recreation trails, closures, and detours, visit: siouxfalls.gov/bike-safety





Happy Trails & Thank You!



After over **20 years** of dedicated service, our Parks & Recreation Director, Don Kearney, is retiring in April. Thank you for making Sioux Falls a better place to explore, connect, and play. From the beautiful trails and parks to the thriving community programs and indoor recreation centers, your legacy will be enjoyed for generations.

Enjoy your well-deserved retirement!



Unleash JOY

Exercise, socialize, and delight your pup at **Sioux Falls Dog Parks.**

Family Park
(300 N. Ellis Rd.)

Lien Park
(2000 N. Cliff Ave.)

Spencer Park
(3501 S. Cliff Ave.)

Kirby Dog Park at Fort Sod
(201 S. 2nd Ave.)

Hayward Park
(400 N. Valley View Rd.)

Pawsible Dog Park
(810 N. Phillips Ave.)

Rules for usage are posted. Each site has a picnic table, trash receptacle, and plastic bag dispenser for owners to use to pick up after their pets.



Get **looped in.**

Parks & Rec
Email Newsletter

Sign Up Now →





MIDCO[®]

AQUATIC CENTER

 Denotes that activity is FREE with Daily Admission or Active Swim Pass. No additional fee required.



COFFEE, CROSSWORDS, & CONUNDRUMS

MIDCO[®] AQUATIC CENTER LOBBY

AGES: 18+

Discover the perfect blend of coffee and crosswords! Boost your brain with fun puzzles while enjoying \$3 coffee with unlimited refills. Bring your own crossword or use one of ours. The Midco[®] Café offers breakfast, lunch, snacks, and more. No outside food or drink allowed. No registration required.

MAR 2-MAY 25 | MON | 9-11 A.M.



WATER AEROBICS

AGES: 18+ 

Develop increased flexibility and range of motion through this deep water aerobics workout focusing on conditioning, strength, endurance, and stretching. The class takes place in the Sanford Health[®] 50 Meter Pool, with a cool-down session in our warm water pool. Equipment may be used. **Registration required.**

MAR 2-25 | MON, WED | 7-7:45 A.M. | \$40 PER SERIES

MAR 30-APR 22 | MON, WED | 7-7:45 A.M. | \$40 PER SERIES

APR 27-MAY 20 | MON, WED | 7-7:45 A.M. | \$40 PER SERIES

HYDRORIDERS

AGES: 18+ 

Spin your wheels in the water! We're talking about cycling on a water bike. This music-driven cardio ride will challenge you as we incorporate upper-body strength training for a total-body workout. Water shoes or socks are recommended. **Registration required.**

MAR 3-26 | TUE, THU | 2:15-3 P.M. | \$40 PER SERIES

MAR 4-27 | WED, FRI | 5:45-6:30 A.M. | \$40 PER SERIES

MAR 31-APR 23 | TUE, THU | 2:15-3 P.M. | \$40 PER SERIES

MAR 10-APR 28 | TUE | 5:45-6:30 P.M. | \$40 PER SERIES

APR 1-24 | WED, FRI | 5:45-6:30 A.M. | \$40 PER SERIES

APR 28-MAY 21 | TUE, THU | 2:15-3 P.M. | \$40 PER SERIES

APR 29-MAY 22 | WED, FRI | 5:45-6:30 A.M. | \$40 PER SERIES

DEEP WATER AQUA FIT

AGES: 18+ 

This deep water fitness class is meant to be high-intensity! Don't let the deep water be a fear—everyone will be wearing a flotation belt during class. This is a fun and challenging class that is full of cardio, muscular, and respiratory endurance. You may use flippers, kickboards, gloves, noodles, and other equipment during class. You are sure to sweat, but you don't need to get your hair wet! **Registration required.**

MAR 3-26 | TUE, THU | 5:45-6:30 A.M. | \$40 PER SERIES

MAR 31-APR 23 | TUE, THU | 5:45-6:30 A.M. | \$40 PER SERIES

APR 28-MAY 21 | TUE, THU | 5:45-6:30 A.M. | \$40 PER SERIES

YARN & YAMMER

MIDCO[®] AQUATIC CENTER LOBBY

AGES: 18+

Do you knit, crochet, embroider, needlepoint, or make fiber art? Come hang out with other crafters! Share what you are working on, get inspired, and chat while you work on your project. Coffee is \$3 with unlimited refills while you are here. The Midco[®] Café is open and serves breakfast, lunch, coffee, snacks, and more! No outside food or beverage is allowed. No registration required.

MAR 4-MAY 27 | WED | 10 A.M.-12 NOON



WARM WATER: AQUA FIT

AGES: 18+ [REGISTER](#)

This warm water fitness class is sure to keep you on your toes! We will engage your entire body using the water and equipment for resistance. This is YOUR workout, so it can be light- to high-intensity, depending on what you are looking for. The instructor is here to push and guide you, but YOU ultimately control your moves. We'll use noodles, fans, gloves, and other equipment to keep the class fun and engaging. **Registration required.**

- MAR 5-31 | TUE, THU | 9 A.M. OR 10 A.M. | \$40 PER SERIES
- MAR 11-APR 2 | MON, WED | 9 A.M. | \$35 PER SERIES
- APR 2-28 | TUE, THU | 9 A.M. OR 10 A.M. | \$40 PER SERIES
- APR 8-MAY 4 | MON, WED | 9 A.M. | \$40 PER SERIES
- APR 30-MAY 26 | TUE, THU | 9 A.M. OR 10 A.M. | \$40 PER SERIES
- MAY 6-JUN 1 | MON, WED | 9 A.M. | \$35 PER SERIES

*NO CLASS 03/20, 04/06, AND 05/25

BOGA FIT

AGES: 18+ [REGISTER](#)

Float to fitness as your mat floats atop the water, offering a full-body workout on an unstable surface. This is a MUST-try class. Activewear over swimwear is recommended. Be ready to get wet! **Registration required.**

MAR 12-MAY 14 | THU | 5:45-6:30 P.M. | \$50 PER SERIES

WATER WALKING BOOK CLUB

AGES: 18+

Our book club on water is returning this spring. This fun activity combines the benefits of exercising with the opportunity to socialize and discuss your favorite book with others. The goal is to meet new people and introduce you to new books. This class is in collaboration with Siouxland Libraries. No registration required.

MAR 12 | THU | 11 A.M.-12 NOON

APR 9 | THU | 11 A.M.-12 NOON

MAY 14 | THU | 11 A.M.-12 NOON

DIVING BOARD

trivia

AGES: 9-15



Join us at the Midco® Aquatic Center for an interactive pool program that blends quick thinking with diving-board fun. **Registration Required prior to March 4.**

MAR 6 | FRI | 5-7 P.M.

FREE with Daily Admission or Active Swim Pass. No additional fee required.

REGISTRATION REQUIRED.

ST. PATRICK'S DAY

SCAVENGER HUNT

AGES: 2-6



This festive, movement-based scavenger hunt leads participants on a lucky journey through the pool facility as they solve clues, complete mini challenges, and search for the final Pot of Gold. **Registration Required prior to March 16.**

TUESDAY

MARCH 17 5-7 P.M.

FREE with Daily Admission or Active Swim Pass. No additional fee required.

REGISTRATION REQUIRED.

FOUR EASY STEPS TO FUN!

Reserve online!
siouxfalls.gov/midco-party

Check your email for your
receipt and food/drink
order form.

Submit food and drink
orders at least 48 hours
before your party.

Arrive and
decorate!

READY TO BOOK?

siouxfalls.gov/Midco/Book-Party

Pick a room, pick a date, and let
the fun begin!

Make a *splash* with your next **celebration** at the **MIDCO[®]** **AQUATIC CENTER**



The easiest party you'll ever plan.



POPSICLE TREBUCHET CRAFTING

AGES: 10-17 **REGISTER**

Build it, test it, and watch it fly! In this fun, hands-on craft program, participants will build a small trebuchet using popsicle sticks and simple supplies. After building, they'll try launching soft objects and see how far they can go. Kids will learn through trial and error while being creative and having fun. No experience needed—just bring your imagination. All materials are provided. **Registration required.**

MAR 22 | SUN | 9-11 A.M.

BASIC ARTHRITIS AQUATICS

AGES: 65+ **REGISTER**

The basic program begins with exercises to improve range of motion, muscle strength, balance, and endurance. As participants' joint flexibility and pain improve, more functional activities are added. The class is held once a week in the warm water pool. If you've recently had a joint replacement or are planning to have one, this class is for you. Water shoes are recommended. **Registration is required and limited to 12 per class.**

MAR 25-APR 10 | WED, FRI | 10-10:45 A.M. | \$30 PER SERIES
APR 15-MAY 8 | WED, FRI | 10-10:45 A.M. | \$40 PER SERIES

WIBIT® EVENT—LOG ROLL!

ALL AGES

Looking for something fun to do this weekend? Join us at the Midco® Aquatic Center for some LOG ROLLING fun! The Log Roll is included with daily/swim pass admission. No registration required.

APR 10-12 | FRI-SUN | 12 NOON

SCRABBLE DAY

ALL AGES **REGISTER**

Celebrate National Scrabble Day with a friendly Scrabble tournament! Put your word skills to the test, score big points, and enjoy some healthy competition in a fun, welcoming atmosphere. Whether you're a seasoned wordsmith or just love a good game, join us for a day of letters, laughs, and classic board-game fun. **Registration required prior to April 10.**

APR 13 | MON | 10:30 A.M.-12:30 P.M.

May Day BASKETS

AGES: 2-12 

Celebrate spring at the Midco® Aquatic Center by making your own May Day Basket. Come with a parent or guardian to help make a May Day Basket filled with goodies. Food decorating, paper crafts, and fun! One basket per child. No registration required.

MAY 1 | FRI | 4:30-6:30 P.M.



MOTHER'S DAY CRAFTING

AGES: 2-6 **REGISTER**

Celebrate Mother's Day weekend with those who call you mom. Bring your little ones for a creative, hands-on program designed to encourage kindness, responsibility, and fun through simple crafting. Participants rotate through guided stations to build colorful flowers, write helpful chores or kind acts on the back, and assemble a personalized bouquet to gift to mothers. **Registration required.**

MAY 7 | THU | 4:30-6:30 P.M.



CERTIFIED AND READY FOR DUTY.

LIFEGUARD TRAINING

LIFEGUARD CERTIFICATION COURSE

AGES: 15+

Sioux Falls Parks and Recreation wants YOU to work as a certified lifeguard during our year-round swimming season. We're excited about building a great team of professional lifeguards and therefore reserve the right to hire only the most qualified applicants for all positions and do not guarantee employment based on training completion. This course is a blended learning course format (19.5 hours in person, 7.5 hours online). The prerequisites for this course include being 15 years of age and having passed the pre-course swimming skills test.

FEE PER COURSE: \$185 PER PARTICIPANT

- COURSE 1: MAR 13-15 | FRI-SUN | 5 P.M. START ON FRI | 8 A.M. START ON SAT AND SUN
- COURSE 2: MAR 27-29 | FRI-SUN | 5 P.M. START ON FRI | 8 A.M. START ON SAT AND SUN
- COURSE 3: APR 17-19 | FRI-SUN | 5 P.M. START ON FRI | 8 A.M. START ON SAT AND SUN
- COURSE 4: MAY 1-3 | FRI-SUN | 5 P.M. START ON FRI | 8 A.M. START ON SAT AND SUN
- COURSE 5: MAY 8-10 | FRI-SUN | 5 P.M. START ON FRI | 8 A.M. START ON SAT AND SUN
- COURSE 6: MAY 15-17 | FRI-SUN | 5 P.M. START ON FRI | 8 A.M. START ON SAT AND SUN

LIFEGUARD RECERTIFICATION COURSE

AGES: 15+

This course is best suited for those with current lifeguarding certification who simply need to renew. Much like the full lifeguard training course. This review course is a blended learning course format with online coursework in addition to instructor-led instruction session.

- MAR 29 | SUN | 8 A.M.-6 P.M. | \$125 PER PARTICIPANT
- APR 19 | SUN | 8 A.M.-6 P.M. | \$125 PER PARTICIPANT
- MAY 3 | SUN | 8 A.M.-6 P.M. | \$125 PER PARTICIPANT
- MAY 17 | SUN | 8 A.M.-6 P.M. | \$125 PER PARTICIPANT

WATER SAFETY INSTRUCTOR COURSE

AGES: 15+

Water Safety Instructor (WSI) training prepares you to teach children and adults water safety, survival, and swimming skills. Water Safety Instructors are in high demand and teaching people to swim is a fun and rewarding part-time job for people of all ages. Upon completion of the WSI course, participants will be certified to teach American Red Cross swimming lessons. This blended learning course includes an online portion (which must be completed before the first day of class), as well as an instructor-led classroom instruction skills session.

- MAR 26-28 | THU-SAT | 8 A.M.-8 P.M. | \$255 PER PARTICIPANT
- APR 25-26 | SAT-SUN | 8 A.M.-8 P.M. | \$255 PER PARTICIPANT

For more information on Lifeguard opportunities at the Midco® Aquatic Center, visit siouxfalls.gov/midco

SPRING SESSION

INDOOR SWIMMING LESSONS

Midco® Aquatic Center is a Gold Level provider of **American Red Cross Learn-to-Swim** courses.



Swimming lessons will be available for all ages and abilities. Not only does learning to swim allow you to be safe in and around the water, but it also has many other added benefits. Learning to swim provides a lifelong skill that offers fitness opportunities, improves your health, builds strength and coordination, and instills confidence in the water and motivation to continue improving your skills.

APRIL 6–MAY 9, 2026

Online registration for indoor swimming lessons opens at 6 p.m., Tuesday, March 24, 2026, and will close at 6 p.m., Tuesday, March 31, 2026.

ONLINE REGISTRATION

Register for swimming lessons online at: recreation.siouxfalls.gov

Online registration for the spring session of swimming lessons opens at 6 p.m., Tuesday, March 24.

IN-PERSON REGISTRATION

Date/Time: Tuesday, March 24 from 6–7:30 p.m.

Location: Midco® Aquatic Center, 1601 S. Western Avenue



Visit the site or scan the QR code for specifics on levels, lesson schedules, and more!

siouxfalls.gov/swimming-lessons

recreation.siouxfalls.gov



MIDCO® AQUATIC CENTER

2026 Swim Passes



INTERESTED IN PURCHASING A SWIM PASS?

- For first-time swim pass buyers and renewal of a non-full-priced swim pass, visit Midco® Aquatic Center (or during summer season at any outdoor aquatic facility with exception of McKennan wading pool).
- If you do not already have an online account with Parks and Recreation, you can create a new online account by going to recreation.siouxfalls.gov.
- All family members on the swim pass must have their photos taken.
- For details on swim pass rates, visit siouxfalls.gov/swim-pass.

	DAILY ONE DAY	SUMMER INDOOR & OUTDOOR	FALL/WINTER/ SPRING INDOOR ONLY	ANNUAL INDOOR & OUTDOOR
Child (Ages 4-17) <i>Ages 3 and under free</i>	\$5	\$30	\$70	\$80
Adult (Ages 18-64)	\$6	\$70	\$170	\$190
Senior (Ages 65+)	\$5	\$40	\$95	\$110
Veteran	Standard Rates Apply	\$40	\$95	\$110
Family <i>Immediate family members living in the household, including step and foster children. This does not mean extended family such as grandparents, aunts, uncles, and children older than 18 years of age.</i>	-	\$100	\$240	\$300

**Rates will not be discounted for periodic shutdowns OR maintenance purposes.*

The daily pass allows you access to the facility from the time of purchase to the end of the operation day.

Shall be effective May 1 through Labor Day, and include the Midco® Aquatic Center, outdoor aquatic centers, and outdoor swimming pools.

Shall be effective all operational days at the Midco® Aquatic Center beginning Labor Day and ending April 30 of the following year.

Shall be effective all operational days at the Midco® Aquatic Center, Outdoor aquatic centers, and outdoor swimming pools.

DISCOUNTED RATE DEFINITIONS

- **Senior:** An individual 65 years or older.
- **Veteran:** An individual who has or is currently serving in the United States military and must provide documentation of service such as a Military ID.
- **Reduced-Income:** Families/individuals who are residents of Sioux Falls and actively receive reduced or free school lunches, or who actively receive Medicaid benefits.



	DAILY	SUMMER	FALL/WINTER/ SPRING	ANNUAL
Reduced-Income Adult <i>For qualifying individuals</i>	\$1 <small>Fall/Winter/Spring only</small>	\$40	\$95	\$110
Reduced-Income Family <i>For qualifying individuals</i>	\$1 <small>per individual Fall/Winter/Spring only</small>	\$50	\$120	\$155
Free Family/Adult/Senior Citizen Pass <i>For qualifying individuals</i>	-	FREE	-	-

EVERYBODY READS

TALES on the TRAILS!



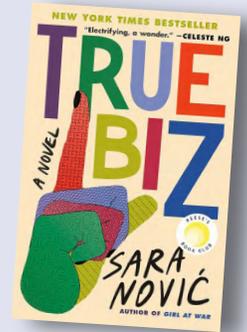
2026

Each book read in March adds a trail marker to help reach our goal of 500,000 books. Stop by your local Siouxland Libraries branch to add your mark!

SIOUXLANDLIB.ORG

Join us for One Book Siouxland 2026: True Biz

This spring, Siouxland Libraries will host community-wide discussions, events, and activities centered on True Biz, a powerful novel about Deaf culture and the universal search for truth.



Visit siouxlandlib.org/one-book to get a copy and see the full schedule of events.



Your Free Pass to Everything.

Unlock a world of possibilities with a Siouxland Library card. In Sioux Falls, in our rural communities, or online from anywhere, a library card goes further than you think:

- **Stream & Watch:** Access thousands of films and documentaries on Kanopy.
- **Read Anywhere:** Download the Libby app for ebooks and audiobooks on the go.
- **Master a Language:** Learn more than 70 languages with Mango Languages.
- **Deep Dive:** Use our professional Research Databases for school or hobby projects.



No Card? No Problem!

Everyone is welcome to join our community programs, including:

Storytimes & 1,000 Books Before Kindergarten: Setting your little ones up for success.

Computer Classes: Level up your tech skills in a friendly environment.



Sign up for your free pass: siouxlandlib.org/services/card-accounts

SIoux FALLS PARKS MAP



PARK MATRIX	Available to Reserve Picnic Shelter																											
	*Alcohol Permitted	No Alcohol	Bandshell	Baseball Fields	Basketball Courts	Canoe Access	Disc Golf course	Dog Park	Drinking Fountains	Fishing Access	Football Fields	Ice/Roller Rinks	Mini-Pitch	Nature Hiking Trails	Pickleball	Picnic Shelters with electricity	Picnic Shelters	Playground Structure	Restroom	Sand Volleyball Courts	Single Track Bike Trails	Skate Park	Soccer Fields	Soccer Practice Fields	Softball Fields	Tennis Courts	Trail Access	Wedding Locations
Arrowhead		●							●					●					●									
Bakker	●				●				●								●	●						●				
Beadle Greenway		●			●	●										●		●									●	
Bryant	●				●											●		●										
Burnside	●								●							●		●							●			
Campus	●																	●	●									
Cherry Rock	●			●					●	●						●		●	●	●							●	
Dan Dugan	●				●				●							●		●						●				
Dunham	●			●	●				●							●		●	●	●	●				●		●	
Earl McCart Fields	●								●									●	●						●			
Elmen Trailhead	●								●							●		●									●	
Elmwood	●			●					●							●		●	●	●							●	
Emerson	●				●				●									●										
Falls		●							●							●		●	●								●	
Family	●					●		●	●	●				●					●								●	
Farm Field	●					●																		●			●	
Fawick		●																										●
Frank Olson	●								●							●	●	●	●						●	●	●	
Fred Dawley	●				●				●							●		●						●				
Galway	●				●				●							●		●										
Glenview	●				●				●							●		●										
Granite Valley	●				●				●							●		●										
Great Bear Recreation	●													●							●							●
Harmodon	●			●					●							●		●	●						●			
Hayward	●				●			●	●							●		●	●					●				
Heritage		●			●													●										
Jacobson Plaza	●							●	●		●							●	●								●	
Jefferson	●				●				●							●		●										
Kenny Anderson		●							●							●		●	●					●	●			
Kuehn	●			●					●							●		●	●	●		●			●	●		
Kirby Dog Park at Fort Sod		●						●	●																			
Lacey	●				●				●							●		●										
Laurel Oak	●				●				●					●		●		●	●							●		
Leaders	●																					●						
Legacy	●					●			●	●				●					●			●					●	
Lewis	●				●				●							●		●		●					●		●	
Levitt		●							●										●								●	
Lien	●							●																			●	
Linwood	●				●				●							●		●							●			
Lions Centennial	●				●				●							●		●						●			●	
Lyon		●							●							●		●										

Available to Reserve Picnic Shelter

* Consumption of malt beverages (including beer) is allowed only in non-glass containers in designated parks. All other alcoholic beverages are prohibited.

PARK MATRIX																													
	*Alcohol Permitted	No Alcohol	Bandshell	Baseball Fields	Basketball Courts	Canoe Access	Disc Golf Course	Dog Park	Drinking Fountains	Fishing Access	Football Fields	Ice/Roller Rinks	Mini-Pitch	Nature Hiking Trails	Pickleball	Picnic Shelters with electricity	Picnic Shelters	Playground Structure	Restroom	Sand Volleyball Courts	Single Track Bike Trails	Skate Park	Soccer Fields	Soccer Practice Fields	Softball Fields	Tennis Courts	Trail Access	Wedding Locations	
Mansor-Pioneer	•				•				•							•		•	•								•		
Marion	•				•				•								•		•						•				
Mary Jo Wegner Arboretum	•					•			•	•				•		•			•									•	
Majestic Meadows	•																		•										
McKenna		•	•		•				•							•		•	•								•	•	
Meldrum	•				•				•							•		•											
Memorial	•								•							•		•	•						•				
Menlo	•				•				•								•		•								•		
Morningside	•				•				•								•		•						•	•			
Nelson		•															•					•						•	
Nusier Salem Field	•												•																
Oxbow	•																•											•	
Pasley		•		•					•							•		•	•			•						•	
Platinum Valley	•								•							•		•	•										
Prairie Hills West	•								•							•		•	•										
Prairie Meadows	•								•							•		•	•										
Prairie Trail	•				•				•									•							•				
Riverdale	•				•				•		•				•	•		•	•	•	•	•						•	
Ronning	•																	•											
Rotary	•					•			•	•						•		•	•									•	
Sanford Sports Complex	•								•		•					•		•	•									•	
Sertoma	•								•					•		•		•	•									•	
Sherman	•								•							•		•	•						•	•		•	•
Southern Vistas	•								•							•		•											
Spellerberg	•				•				•							•		•	•								•		
Spencer	•					•	•	•	•	•						•		•	•		•	•		•				•	
Terrace	•		•	•	•				•	•						•		•	•						•			•	
Thelin	•				•				•							•		•											
Tomar		•					•		•							•		•	•					•			•	•	
Tower		•														•		•											
Town One	•				•													•											
Tuthill		•					•		•							•		•	•		•						•	•	
Van Eps		•							•							•		•											
Veterans' Memorial		•							•											•									
Whispering Woods South	•																		•						•				
Whittier		•			•				•							•		•											
Willow Ridge	•																	•							•				
Yankton Trail	•								•											•		•		•				•	

Visit siouxfalls.gov/parks-finder for updates on closures and wheelchair accessibility.

MEET US AT THE PARK

MARCH 1	1-3 P.M.	THELIN PARK
MARCH 21	1-3 P.M.	GALWAY PARK
MARCH 29	1-3 P.M.	LIONS CENTENNIAL PARK
APRIL 6	1-3 P.M.	MEMORIAL PARK
APRIL 11	1-3 P.M.	PRAIRIE HILLS WEST PARK
APRIL 26	1-3 P.M.	WILLOW RIDGE PARK
MAY 7	5-7 P.M.	BAKKER PARK
MAY 17	3-5 P.M.	PRAIRIE TRAIL PARK
MAY 31	1-3 P.M.	FRANK OLSON PARK

MEET US AT THE LIBRARY

APRIL 8	3-5 P.M.	OAK VIEW LIBRARY
APRIL 27	3-5 P.M.	PRAIRIE WEST LIBRARY
MAY 6	3-5 P.M.	OAK VIEW LIBRARY
MAY 15	3-5 P.M.	PRAIRIE WEST LIBRARY

