

# Midco® Aquatic Center Café

**Monday–Friday:** 8:00 a.m.– 7 p.m. **Saturday:** 8 a.m.–6 p.m. **Sunday:** 12–5 p.m.

## Breakfast

Egg White Veggie Frittata\* with English Muffin Toast & Peanut Butter or Jelly **\$4**  
Sausage, Ham or Bacon, Egg & Cheese Bagel (Everything or Plain) or Croissant  
(one meat choice) **\$5**

Assorted Bagels & Cream Cheese **\$3.50**

*Cinnamon Raisin, Blueberry, Plain, and Everything Bagel with Plain or Strawberry  
Cream Cheese*

Breakfast Pizza **\$21**

*Sausage Gravy, Sausage, Bacon, Cheese & Eggs*

## Lunch & Dinner

### SANDWICHES

*Bread Choices for hot sandwiches: Plain or  
Everything Bagel, Croissant Bun, White or  
Whole Wheat*

*Cheese Choices: Muenster, Pepper Jack,  
Colby Jack or Baby Swiss*

Hot Turkey\* **\$5**

Hot Ham\* **\$5**

Hot Ham & Turkey\* **\$6.50**

Triple Cheese Grilled Cheese\* **\$3**

Peanut Butter and Jelly\* **\$2**

### BOWL OF SOUP

Ask for the soup of the day! **\$5**

### SOUP + SANDWICH COMBO

Daily Soup + Hot or Cold Sandwich **\$9**

### HOT DOGS

Small Dog **\$2** | Big Dog **\$3.50** |

Chicago Dog **\$4.50** | Cheddar Dog **\$4**

Corn Dog **\$2** | Xtra Chicago Sauce **\$1.50**

### CHICKEN STRIPS

*Make your strips a basket with Tater Tots  
for an additional \$2 or sweet potato fries  
for \$3*

Chicken Tenders (4 pc) **\$5**

### PIZZA

Cheese & Single Topping

Slice **\$3** | Whole Pie **\$16**

### NEW! Ice Cream Floats **\$5**

Unicorn Float ~ Sprite or Fresca and  
Rainbow Sherbet Ice Cream

Old Fashioned Rootbeer Float

### NEW! Nugget Ice!

**5lb Bag of Awesome Nugget  
Ice for \$3! Take home your  
favorite kind of ice.**

*\*Schaar GF Sourdough as a substitution for bread items for an extra \$4. All of our  
food is prepared in a shared space, so there is possible cross contamination.*

# Beverages

## COFFEE & TEA

Coffee 16 oz (With Refills) **\$3**

Cappuccino 16 oz **\$3**

Iced Coffee 16 oz **\$3** | 24 oz **\$5**

Black Rifle Coffee Company **\$5.50**

*Espresso with Cream, Espresso with Mocha*

Assorted Hot Tea **\$2**

Bottled Arizona Tea **\$2.75**

*Mango, Watermelon, Green Tea with Ginseng, Arnold Palmer Lite, Mucho Mango*

Gold Peak Unsweetened Tea **\$3**

## OTHER DRINKS

Fountain Drinks

24 oz **\$2** | 32 oz **\$3**

*Sprite, Coke, Diet Coke, Fresca, Lemonade, Rootbeer*

Juice Box **\$1**

*Apple, Grape, Very Berry, Fruit Punch, Orange/Tangerine*

Nesquik Milk **\$4**

*Strawberry, Chocolate*

V8 Plus Energy **\$3.50**

*Peach Mango, Pomegranate Blueberry, Orange Pineapple, Black Cherry*

Jumex **\$2**

*Mango Nectar, Strawberry-Banana Nectar*

## MORE DRINKS.....

Capri Sun Juice Drink **\$2.50**

*Strawberry Kiwi, Fruit Punch, Pacific Cooler*

Dasani Water **\$1.50**

Hot Chocolate 16 oz **\$3**

## Snacks + Sweets

King Pretzel with Queso **\$5**

Peanut Butter Chocolate Thick Bars **\$3.75**

Nacho Chips & Queso **\$5**

Fresh Baked Cookies **\$3**

Assorted Muffins **\$2.50**

Cinnamon Butter Toast Slices **\$1**

Cup of Noodles—Ramen **\$1**

Van Holten Pickle in a Pouch—Mild Dill **\$2**

Oh Snap Pickle Hottie Bites **\$3**

Assorted Bagels & Cream Cheese **\$3.50**

*Plain, Cinnamon Raisin, Blueberry & Everything Bagels with Plain or Strawberry Cream Cheese*

**And a very large selection of pre-packaged protein bars, sweet treats and salty snacks!**

