

Sioux Falls Regional Senior Games 2017



CYCLING

Men's Cycling Race 5,000 Meters

Age 65-69	Time	Place
Rick Althoff	10:13.0	1st
Age 70-74	Time	Place
Leroy Larson	14:33	1st
Age 75-79	Time	Place
Howard Bich	11:12.0	1st

Men's Cycling Race 10,000 Meters

Age 65-69	Time	Place
Rick Althoff	20:23.0	1st
Age 75-79	Time	Place
Howard Bich	22:25.0	1st

Women's Cycling Race 5,000 Meters

Age 75-79	Time	Place
Arlene Bich	18:02.0	1st

HORSESHOES			
Men's Horseshoes			
AGE 65-69	Score		
Rick Althoff	22		
Age 70-74	Score		
Jerry Even	43		
Age 75-79	Score		
Keith Fittje	26		
Age 80-84	Score		
Lovell Wheeler	39		
Women's Horseshoes			
Age 75-79	Score		
Phyllis Wheeler	68		
Mary Fittje	44		
AGE 55-59	Score		
Sue Peterson	35		
PICKLEBALL			
Pickleball Singles			
Participant		Age	Place
Larry Plucker		55-59	1st
Jo Murren		55-59	1st
Bob Schuldt		65-69	1st
Jerry Lipovsky		65-69	2nd
Rick Althoff		65-69	3rd
Terry Bong		70-74	1st
Henry Buss		70-74	2nd
Howard Bich		75-79	1st

Double Pickleball			
Age 55-59			Place
Partner:	David Larsen & David Sheppard		1st
Name:	Larry Plucker & Dough Smook		2nd
Name:	Joel & Dennis		3rd
Age 60-64			Score
Name:	Bob & Dorita Schuldt		1st
Age 65-69			Place
Partner:	Jim Wellendorf & Jim Norberg		1st
Name:	Jerry Lipovsky & Everett Johnson		2nd
Name:	Jay Hennies & Rich Hennies		2nd
Age 70-74			Place
Names:	Jo Murren & Howard Bich		1st
Names:	Karen Heling & Cynthis Sheppard		2nd
Names:	Leroy Larson & Mike Roth		3rd
Names:	Terry Bong and Henry Buus		4th
BOWLING			
Bowling Men's Singles			
Age 65-69			Score
Rick Lipary			369
Age 70-74			Score
Jerome Even			483
Age 75-79			Score
Keith Fittje			541
Bill Vermulm			524
Age 80-84			Score
Don Casey			581
Age 85-89			Score
Les Schuldt			649

Bowling Women's Singles			
Age 55-59			Score
Sue Peterson			365
Age 70-74			Score
Wanda Bremmon			471
Age 75-79			Score
Carol Ellston			494
Mary Fittje			525
Bowling Men's Doubles			
Age 70-74			Score
Name:	Jerry Even		1123
Partner:	Les Schuldt		
Name:	Bill Vermulm		1050
Partner:	Keith Fittje		
Name:	Bob Whiting		1046
Partner:	Eugene DeHoogh		
Bowling Women's Doubles			
Age 75-79			Score
Name:	Mary Fittje		996
Partner:	Carol Ellston		
Bowling Mixed Doubles			
Age 55-59			Score
Name:	Jerry Even		
Partner:	Sue Peterson		848
Age 70-74			Score
Name:	Robert Whiting		
Partner:	Carol Ellston		978
Name:	Dorene Gaard		
Partner:	Ken Kessinger		698
Age 75-79			Score
Name:	Keith Fittje		
Partner:	Mary Fittje		1081
Name:	Phyllis Wheeler		
Partner:	Lovell Wheeler		803

SWIMMING				
Men's 50 Meter Free Style Swim				
Age 65-69		Time		
Rick Althoff		00:51.4		
Dennis Hinckley		00:57.9		
Age 70-74		Time		
Jerry Even		01:03.3		
Age 95-99		Time		
Tom Milroy		02:24.5		
Men's 50 Meter Back Crawl				
Age 65-69		Time		
Rick Althoff		1:05:33		
Dennis Hinckley		1:08:36		
Age 70-74		Time		
Jerry Even		1:23:53		
Age 95-99		Time		
Tom Milroy		2:18:33		
Men's 100 Meter Back Crawl				
Age 65-69		Time		
Rick Althoff		2:29:18		
Dennis Hinckley		2:31:25		
Men's 50M Breast Stroke				
Age 65-69		Time		
Rick Althoff		1:08:32		
Dennis Hinckley		1:17:32		
Age 70-74		Time		
Jerry Even		2:00:10		
Age 95-99		Time		
Tom Milroy		2:49:03		
Men's 100M Breat Stroke				
Age 65-69		Time		
Rick Althoff		2:42:57		
Men's 25M Butterfly				
Age 65-69		Time		
Rick Althoff		:31:06		
Dennis Hinckley		:35:23		

Men's 50M Butterfly				
Age 65-69		Time		
Rick Althoff		1:20:08		
Dennis Hinckley		1:27:32		
BEAN BAGS				
Men's Singles Bean Bag Toss				
AGE 65-69	Score			
Bob Schuldt	68			
Rick Althoff	60			
David Sheppard	54			
Dennis Hinckley	50			
Jim Gaard	31			
Mike Roth	24			
Age 70-74	Score			
Terry Bong	68			
Leroy Larson	35			
Wes Jurgens	33			
Age 75-79	Score			
Keith Fittje	76			
Bill Vermulm	60			
Howard Bich	51			
Age 80-84	Score			
Lovell Wheeler	30			
Age 90-94	Score			
Ken Kessinger	49			

Women's Singles Bean Bag Toss			
AGE 55-59	Score		
Sue Peterson	42		
Jo Murren	29		
AGE 60-64	Score		
Deb Jurgens	46		
AGE 65-69	Score		
Renee Roth	18		
Priscilla Young	34		
Cynthia Sheppard	40		
Age 70-74	Score		
Marlys Larson	28		
Dorene Gaard	31		
Age 75-79	Score		
Arlene Bich	39		
Mary Fittje	36		
Phyllis Wheeler	42		
Carol Ellston	58		
TABLE TENNIS			
Singles	Place		
Terry Bong 70-74	1st		
Willy Hoff 80-84	1st		
Eugene DeHoogh 85-89	1st		
Melbourne Helling 85-89	2nd		
Doubles	Place		
Terry Bong 70-74	1st		
Willy Hoff 80-84			
Eugene DeHoogh 85-89	1st		
Melbourne Helling 85-89			
GOLF			
9 Holes - West 9	Score		
Terry Iverson (65-69 Men's)	44		

BASKETBALL				
Basketball- Field Goals				
Participant		Age	Field Goals	Place
Women			Out of 18	
Sue Peterson		55-59	7	
Jo Murren		55-59	8	
Men				
David Sheppard		65-69	8	
Rick Lipary		65-69	1	
Robert Schuldt		65-69	8	
Rick Althoff		65-69	1	
Jerry Even		70-74	15	
Howard Bich		75-79	8	
Ken Kessinger		90-94	5	
Dennis Hinckley		65-69	10	
Basketball- Free Throws				
Participant		Age	Free Throws	Place
Women			Out of 25	
Sue Peterson		55-59	3	
Jo Murren		55-59	3	
Cynthia Sheppard		65-69	5	
Men				
David Sheppard		65-69	12	
Rick Lipary		65-69	2	
Robert Schuldt		65-69	14	
Rick Althoff		65-69	9	
Jerry Even		70-74	21	
Howard Bich		75-79	15	
Willy Hoff		80-84	12	
Ken Kessinger		90-94	9	
Dennis Hinckley		65-69	18	
ROPE SKIPPING				
Participant		Age	Number of S	Place
Dennis Hinckley		60-64	114	1st
Robert Schuldt		65-69	401	1st
Rick Althoff		65-69		2nd
WOMEN				
Jo Murren		55-59	250	1st

SHUFFLEBOARD				
Singles		Age	Score	Place
Men				
Bob Schuldt		65-69	99	1st
Dennis Hinckley		65-69	77	2nd
Jim Gaard		65-69	74	3rd
Mike Roth		65-69	55	
David Sheppard		65-69	43	
Leroy Larson		70-74	19	1st
Howard Bich		75-79	88	1st
Lovell Wheeler		80-84	93	1st
Ken Kessinger		90-94	30	1st
Women				
Jo Murren		55-59	22	1st
Deb Jurgens		60-64	60	1st
Marlys Larson		70-74	52	1st
Dorene Gaard		70-74	44	2nd
Phyllis Wheeler		75-79	62	1st
Arlene Bich		75-79	21	2nd
Renee Roth		65-69	57	1st
Doubles		Age	Score	Place
Jo Murren & Mary Schulte		50-54		1st
Lehrkamp & Lehrkamp		60-64		1st
Jacobs & Jacobs		60-64		2nd
Hinckley & Cards		60-64		3rd
Wheeler & Wheeler		75-79		1st
Bich & Bich		75-79		2nd
Stadem & Stadem		80-84		1st
POOL				
MEN		Age	Score	Place
Dennis Hinckley		65-69		1st
Terry Bong		70-74		1st
Travis Letsche		75-79		1st
WOMEN				
Pricilla Young		65-69		1st

FIELD EVENTS			
Standing Long Jump			
Participant	Age	Furthest Distance	Place
Men			
Doug Roby	55-59	6' 9.75"	1st
Tom Jastram	55-59	6'1"	2nd
Mike Venekamp	65-69	6'6"	1st
Rick Althoff	65-69	6'5"	2nd
Howard Bich	75-79	5'2.5"	1st
Ken Kessinger	90-94	2'11.5"	1st
Women			
Sue Peterson	55-59	4'3.5"	1st
Running Long Jump			
Participant	Age	Furthest Distance	Place
Men			
Rick Althoff	65-69	11'1"	1st
Ken Kessinger	90-94	3'1.05"	1st
Shotput			
Participant	Age	Furthest Distance	Place
Men			
Wade Dosch	50-54	34'4"	1st
Doug Roby	55-59	33'9.5"	1st
Brian Rogiers	60-64	44'5"	1st
Howard Brown	60-64	35'7.5"	2nd
Mike Venekamp	65-69	29'6"	1st
Rick Althoff	65-69	19'2"	2nd
Jerry Even	70-74	28'11"	1st
Howard Bich	75-79	27'11"	1st
Richard Smith	75-79	22'0"	2nd
Lovell Wheeler	80-84	34'4"	1st
Dale Thorpe	80-84	26'10"	2nd
Ken Kessinger	90-94	23'2"	1st

Women Shotput				
Sue Peterson	55-59	22'1"	1st	
Rita Crusick	65-69	11'10"	1st	
Audrey Kempf	75-79	19'6"	1st	
High Jump				
Participant	Age	M/F	Height	Place
Men				
Rick Althoff	65-69	M	3'9"	1st
Howard Bich	75-79	M	3'	1st
Softball Throw				
Participant	Age	Furthest Distance	Place	
Men				
Wade Dosch	50-54	160'4"	1st	
Doug Roby	55-59	190'	1st	
Tom Jastram	55-59	171'5"	2nd	
Matthew Bruggeman	55-59	104'7"	3rd	
Mike Venekamp	65-69	171'10"	1st	
Lonnie Iverson	65-69	132'	2nd	
Rick Althoff	65-69	79'7"	3rd	
Jerry Even	70-74	129'2"	1st	
Howard Bich	75-79	120'9"	1st	
Lovell Wheeler	80-84	96'	1st	
Dale Thorpe	80-84	83'	2nd	
Don Phillips	85-89	94'10"	1st	
Ken Kessinger	90-94	74'5"	1st	
Women				
Mary Meierhenry	50-54	66'9"	1st	
Jo Murren	55-59	109'10"	1st	
Sue Peterson	55-59	63'10"	2nd	
Rita Crusick	65-69	37'2"	1st	
Audrey Kempf	75-79	47'3"	1st	

Javelin			
Participant	Age	Furthest Distance	Place
Men			
Wade Dosch	50-54	57'11"	1st
Doug Roby	55-59	123'4"	1st
Tom Jastram	55-59	89'11"	2nd
Howard Brown	60-64	98'	1st
Mike Venekamp	65-69	113'10"	1st
Rick Althoff	65-69	66'5"	2nd
Lonnie Iverson	65-69	65'11"	3rd
Jerry Even	70-74	54'5"	1st
Howard Bich	75-79	69'1"	1st
Richard Smith	75-79	54'6"	2nd
Lovell Wheeler	80-84	63'9"	1st
Ken Kessinger	90-94	47'4"	1st
Women			
Jo Murren	55-59	53'10"	1st
Sue Peterson	55-59	31'0"	2nd
Audrey Kempf	75-79	38'4"	1st
Discus			
Participant	Age	Furthest Distance	Place
Men			
Doug Roby (S)	55-59	115'	1st
Tom Jastram	55-59	99'9"	2nd
Matthew Bruggeman	55-59	43'8"	3rd
Brian Rogiers (F)	60-64	161'8"	1st
Howard Brown (S)	60-64	152'7"	2nd
Mike Venekamp (S)	65-69	120'2"	1st
Jim Gaard	65-69	72'7"	2nd
Rick Althoff (F)	65-69	56'7"	3rd
Richard Smith (F)	75-79	77'5"	1st
Howard Bich (F)	75-79	65'7"	2nd
Lloyd Kempf (F)	80-84	74'10"	1st
Lovell Wheeler	80-84	70'	2nd
Dale Thorpe (F)	80-84	49'11"	3rd
Ken Kessinger	90-94	46'2"	1st
Women			
Sue Peterson (S)	55-59	52'2"	1st
Audrey Kempf (F)	75-79	49'11"	1st

RUNNING EVENTS				
200 M Dash				
Age 55-59		Time	Place	
Dick Bartling		30.25	1st	
Terry Stoterau		33.13	2nd	
Age 65-69		Time	Place	
Lonnie Iverson		33.06	1st	
Rick Althoff		38.66	2nd	
Age 85-89		Time	Place	
Don Phillips		40.32	1st	
800 M Run				
Age 55-59		Time	Place	
Terry Stoterau		3:02:03	1st	
Age 70-74		Time	Place	
Don Knudson		4:24:40	1st	
800 M Race Walk				
Age 50-54		M/F	Time	Place
Mary Meierhenry		F	10:10	1st
Age 55-59		M/F	Time	Place
Jo Murren		F	6:15	1st
Age 65-69		M/F	Time	Place
Terry Iverson		M	06:09.0	1st
Dennis Hinckley		M	6:09	2nd
Jim Gaard		M	6:57	3rd
Mike Roth		M	7:41	4th
Renee Roth		F	9:14	1st
Rita Crusick		F	10:10	2nd
Age 70-74		M/F	Time	Place
Marlys Larson		F	6:55	1st
Dorene Gaard		F	9:09	2nd
Leroy Larson		M	6:16	1st
Age 75-79		M/F	Time	Place
Howard Bich		M	7:40	1st

1500 M Race Walk				
Age 50-54		M/F	Time	Place
Mary Meierhenry		F	12:14.9	1st
Age 65-69		M/F	Time	Place
Dennis Hinckley		M	11.56.97	1st
Terry Iverson		M	12:14.9	2nd
Age 75-79		M/F	Time	Place
Howard Bich		M	14:16.2	1st
50M Dash- Men's				
Age 55-59			Time	Place
Matthew Bruggeman			7.87	1st
Age 65-69			Time	Place
Rick Althoff			7.93	1st
Lonnie Iverson			8.44	2nd
Age 85-89			Time	Place
Don Phillips			10.38	1st
100M Dash- Men's				
Age 65-69			Time	Place
Lonnie Iverson			15.94	2nd
Rick Althoff			15.72	1st
Age 85-89			Time	Place
Don Phillips			16.75	1st
400M Dash- Men's				
Age 65-69			Time	Place
Lonnie Iverson			1.33.25	1st
Rick Althoff			1.37.44	2nd
Age 80-84			Time	Place
Dennis Wingen			1.49.56	1st

