

Basketball-Field Goals/Free Throws/3 Pointer

Participant	Age	Field Goals	Place
Terry Iverson	70-74	13	1 st
Dennis Hinckley	70-74	9	2 nd
Paul Nesheim	60-64	15	1 st
Howard Bich	80-84	16	1 st
Lloyd Kempf	85-89	14	1st

Participant	Age	Free Throws	Place
Terry Iverson	70-74	10/25	2 nd
Dennis Hinckley	70-74	16/25	1 st
Paul Nesheim	60-64	16/25	1 st
Priscilla Young	70-74	0/25	ı
Howard Bich	80-84	17/25	1st
Mary Carlson	55-59	5/25	1 st
Lloyd Kempf	85-89	21/25	1st
Marty Larsen	70-74	0/25	3 rd

Participant	Age	3-pointer	Place
Terry Iverson	70-74	1/25	1 st
Paul Nesheim	60-64	7/25	1 st
Howard Bich	80-84	10/25	1 st



Men's Bean Bag Toss-Singles

Age 40-44	Score	Place	Age 75-79	Score	Place
			Terry Bong	5	2 1s
Age 45-49	Score	Place	Age 80-84	Score	Place
7,80 43 43	500.0	i luce	Howard Bich	5	
			Ervin Brucklacher	2	
Age 50-54	Score	Place	Age 85-89	Score	Place
Michael Kezar Jr.					
Age 55-59	Score	Place	Age 90-94	Score	Place
Age 33-33	Jeore	riace	Age 30-34	Score	i lacc
Age 60-64	Score	Place	Age 95-99	Score	Place
	20010	1000			10.00
Age 65-69	Score	Place	Age 100+	Score	Place
Age 70-74	Score	Place			
Terry Iverson		44 4 th			
Dennis Hinckley		76 2 nd			
Ron Weidler		77 1st			

32

55

5th

 3^{rd}

Rick Althoff

Marty Larsen



Sioux Falls Regional Senior Games 2023 Women's Bean Bag Toss-Singles

Age 40-44	Score	Place		Age 75-79	Score	Place	
Age 45-49	Score	Place		Age 80-84 Arlene Bich	Score	Place	1st
Age 50-54	Score	Place		Age 85-89	Score	Place	
Age 55-59	Score	Place		Age 90-94	Score	Place	
Mary Carlson		32	1st				
Age 60-64	Score	Place		Age 95-99	Score	Place	
Judy Weidler		56	1st				
Age 65-69	Score	Place		Age 100+	Score	Place	
Age 03-03	30010	riacc		Age 1001	Score	T Tacc	
Age 70-74	Score	Place					
Priscilla Young		9	1st				



Sioux Falls Regional Senior Games 2023 Men's Bowling-Singles

Age 50-54	Score	Place

Age 75-79	Score	Place
Paul Miersma	520	1 st

Age 55-59	Score	Place

Age 80-84	Score	Place
Keith Fittje	438	2 nd
Ervin Brucklacher	462	1 st

Age 60-64	Score	Place
Brad Schardin	642	1st

Age 85-89	Score	Place

Age 65-69	Score	Place
Jerel Pfaff	454	1st

Age 90-94	Score	Place

Age 70-74	Score	Place
Dennis Hinckley		
Ron Weidler	432	2nd
Marty Larsen	590	1st

Age 95-99	Score	Place

Age 100+	Score	Place



Sioux Falls Regional Senior Games 2023 Women's Bowling-Singles

Age 50-54	Score	Place

Age 75-79	Score	Place
Connee Feiock	455	1st

Age 55-59	Score	Place

Age 80-84	Score	Place
Mary Fittje	501	1st

Age 60-64	Score	Place
Judy Weidler	511	1 st

Age 85-89	Score	Place

Age 65-69	Score	Place
Lee Pfaff	411	1st

Age 90-94	Score	Place

Age 70-74	Score	Place

Age 95-99	Score	Place

Age 100+	Score	Place



Sioux Falls Regional Senior Games 2023 Men's Bowling-Doubles

Score

Age 55-59	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 60-64	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 65-69	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 70-74		Score
Name:	Ron Weidler	1.006
Partner:	Jerel Pfaff	1,096
Name:	Marty Larsen	1 262
Partner:	Brad Schardin	1,263
Name:		
Partner:		

Age 75-79	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 80-84		Score
Name:	Keith Fittje	1 072
Partner:	Paul Miersma	1,072
Name:		
Partner:		
Name:		
Partner:		

Age 85-89	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 90-95	Score
Name:	
Partner:	
Name:	
Partner:	



Sioux Falls Regional Senior Games 2023 Women's Bowling-Doubles

Age 50-54	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	
Age 55-59	Score
Name:	
Partner:	
Name:	

Age 60-64		Score
Name:	Judy Weidler	000
Partner:	LeeAnn Pfaff	980
Name:		
Partner:		
Name:		
Partner:		

Partner: Name: Partner:

Age 65-69	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 70-74	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 75-79	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 80-84	4	Score
Name:	Mary Fittje	1 000
Partner:	Connee Feiock	1,000
Name:		
Partner:		
Name:		
Partner:		

Age 85-89	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 90-95	Score
Name:	
Partner:	
Name:	
Partner:	



Sioux Falls Regional Senior Games 2023 Mixed Bowling-Doubles

Age 50-54	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 55-59	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 60-64		Score
Name:	Judy Weidler	956
Partner:	Ron Weidler	930
Name:		
Partner:		
Name:		
Partner:		

Age 65-69		Score
Name:	Lee Pfaff	042
Partner:	Jerel Pfaff	842
Name:		
Partner:		
Name:		
Partner:		

Age 70-74		Score
Name:	Jackie Klock	1.050
Partner:	Marty Larsen	1,059
Name:		
Partner:		
Name:		
Partner:		

Age 75-79		Score
Name:	Connee Feiock	1.026
Partner:	Paul Miersma	1,026
Name:		
Partner:		
Name:		
Partner:		

Age 80-84		Score
Name:	Mary Fittje	968
Partner:	Keith Fittje	908
Name:		
Partner:		
Name:		
Partner:		

Age 85-89	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 90-95	Score
Name:	
Partner:	
Name:	
Partner:	



Sioux Falls Regional Senior Games 2023 Men's Cycling Race-5,000 Meters

Age 40-44	Time	Place	Age 75-79	Time	Place
Age 45-49	Time	Place	Age 80-84	Time	Place
			Howard Bich	12:30	.12 1st
Age 50-54	Time	Place	Age 85-89	Time	Place
Age 55-59	Time	Place	Age 90-94	Time	Place
Age 60-64	Time	Place	Age 95-99	Time	Place
Age 65-69	Time	Place	Age 100+	Time	Place
Larry Caldwell	10:22	.67 1st			
Age 70-74	Time	Place			
Rick Althoff	11:31				



Men's Cycling Race-10,000 Meters

Age 45-49	Age 40-44	Time	Place	Age 75-79	Time	Place
Age 50-54				8		
Age 50-54						
Age 50-54						
Age 50-54						
Age 50-54						
Age 50-54	Age 45-49	Time	Place	Age 80-84	Time	Place
Age 55-59				Howard Bich	25:12.81	. 1st
Age 55-59						
Age 55-59						
Age 55-59						
Age 55-59	Age 50-54	Time	Place	Age 85-89	Time	Place
Age 60-64 Time Place Age 95-99 Time Place Age 65-69 Time Place Larry Caldwell 20:55.18 1st Age 70-74 Time Place						
Age 60-64 Time Place Age 95-99 Time Place Age 65-69 Time Place Larry Caldwell 20:55.18 1st Age 70-74 Time Place						
Age 60-64 Time Place Age 95-99 Time Place Age 65-69 Time Place Larry Caldwell 20:55.18 1st Age 70-74 Time Place						
Age 60-64 Time Place Age 95-99 Time Place Age 65-69 Time Place Larry Caldwell 20:55.18 1st Age 70-74 Time Place						
Age 60-64 Time Place Age 95-99 Time Place Age 65-69 Time Place Larry Caldwell 20:55.18 1st Age 70-74 Time Place					<u> </u>	
Age 65-69	Age 55-59	Time	Place	Age 90-94	Time	Place
Age 65-69						
Age 65-69						
Age 65-69						
Age 65-69						
Age 65-69						
Age 70-74 Time Place	Age 60-64	Time	Place	Age 95-99	Time	Place
Age 70-74 Time Place						
Age 70-74 Time Place						
Age 70-74 Time Place						
Age 70-74 Time Place						
Age 70-74 Time Place	A CE CO	T:	Diana	A == 400 ·	T :	Diana
Age 70-74 Time Place				Age 100+	Time	Piace
	Larry Caldwell	20:55.1	.8 1st			
	Age 70-74	Time	Place			
KICK AITNOTT 73'31'AA TSTI	Rick Althoff	23:31.4				



Sioux Falls Regional Senior Games 2023 Pickleball-Mixed Doubles

Age 50-54	Score
Name:	
Partner:	
Name:	
Partner:	

Age 55-59	Score
Name:	
Partner:	
Name:	
Partner:	

Age 60-64	Score	
Name:	Gary Moore	1 st
Partner:	Carol Shade	130
Name:	Craig Goth	
Partner:	Dee Morgan	2nd
Name:		
Name:		
Partner:		
Partner:		
Name:		
Partner:		
Name:		
Partner:		
Name:		
Partner:		

Age 65-69		Score
Name:		
Partner:		
Name:	Artyce Brooke	1+
Partner:	Mike Brooke	1st
Name:		
Partner:		

Age 70-74		Score
Name:	Sandy Kline	1 a ±
Partner:	Jim Wellendorf	1st
Name:		
Partner:		
Name:		
Partner:		
Name:		
Partner:		

Age 75-79	Score
Name:	
Partner:	

Age 80-84	1	Score
Name:	Kent Rolfing	1 st
Partner:	Karen Paulsen	1"
Name:	Howard Bich	21
Partner:	Vicki Lowman	2nd
Name:		
Partner:		

Age 85-89	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 90-95	Score
Name:	
Partner:	
Name:	
Partner:	



Sioux Falls Regional Senior Games 2023 Pickleball-Men's Doubles

Age 50-64		Score
Name:	Larry Plucker	1st
Partner:	Doug Smook	
Name:		
Partner:		
Name:		
Partner:		
Name:		
Partner:		
Name:		
Partner:		
Name:		
Partner:		

Age 65-69	Score	
Name:		
Partner:		
Name:		
Partner:		
Name:		
Partner:		
Name:		
Partner:		
Name:		
Partner:		

Age 70-74		Score
Name:	Jerry Lipovsky	1.0+
Partner:	Rich Hennies	1st
Name:		
Partner:		
Name:		
Partner:		

Age 75-79		Score
Name:	Glenn Rasmussen	1
Partner:	Jim Wellendorf	1st
Name:		
Partner:		

Age 80-84		Score
Name:	Kent Rolfing	1 st
Partner:	Howard Bich	1"
Name:		
Partner:		
Name:		
Partner:		

Age 85-89	Score
Name:	
Partner:	
Name:	
Partner:	

Age 90-95	Score
Name:	
Partner:	
Name:	
Partner:	



Sioux Falls Regional Senior Games 2023 Pickleball- Women's Doubles

Age 50-54	Score
Name:	
Partner:	
Name:	
Partner:	

Age 55-59	Score
Name:	
Partner:	

Age 60-64		Score
Name:	Kay Faber	2nd
Partner:	Dee Morgan	ZIIU
Name:	Alma Myer	
Partner:	Carol Shade	1st
Name:		
Partner:		
Name:		
Partner:		

Age 65-69		Score
Name:		
Partner:		
Name:	Vicki Lowman	4 - 4
Partner:	Karen Paulsen	1st
Name:		
Partner:		

Age 70-74	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 75-79	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 80-84	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 85-89	Score
Name:	
Partner:	
Name:	
Partner:	
Name:	
Partner:	

Age 90-95	Score
Name:	
Partner:	
Name:	
Partner:	



Sioux Falls Regional Senior Games 2023 Shuffleboard-Singles

Participant - Singles	Age	Score	Place
Michael Kezar Jr.	50-54	19	1st
Mary Carlson	55-59	41	1st
Wanda Venenga	70-74	94	1st
Priscilla Young	70-74	49	2nd
Rick Althoff	70-74	47	1st
Dennis Hinckley	70-74	40	2nd
Terry Bong	75-79	62	1st
Arlene Bich	80-84	30	1 st
Howard Bich	80-84	57	1 st
Ervin Brucklacher	80-84	45	2 nd
Audrey Kempf	85-89	81	1st



Sioux Falls Regional Senior Games 2023 Men's Free Style Swim-50/100/200 Yards

Age 50-54	Distance	Time

Age 55-59	Distance	Time

Age 60-64	Distance	Time
Ron Kachena	50	43.51
	100	1:31.07
	200	3:11.06

Age 65-69	Distance	Time
Steve Johnson	50	39.72
	100	1:19.02
	200	2:42.31

Age 70-74	Distance	Time
Rick Althoff	50	1:02
	100	2:27.97

Age 75-79	Distance	Time

Age 80-84	Distance	Time

Age 85-89	Distance	Time

Age 90-94	Distance	Time

Age 95-99	Distance	Time

A	ge 100+	Distance	Time



Sioux Falls Regional Senior Games 2023 Women's Free Style Swim-50/100/200 Yards

Age 50-54	Distance	Time
-gc 30 34	Distance	Time
A FF FO	D:-+	T :
Age 55-59	Distance	Time
	· · · · · · · · · · · · · · · · · · ·	
		L.
Age 60-64	Distance	Time
	I	
Age 65-69	Distance	Time
Kerry McNeil	50	1:21
	100	3:00
	200	6:36
	200	0.50
Age 70-74	Distance	Time



Sioux Falls Regional Senior Games 2023 Men's Back Crawl Swim-50/100/200 Yards

Age 50-54	Distance	Time

Age 55-59	Distance	Time

Age 60-64	Distance	Time
Ron Kachena	50	1:01.28
	100	2:06.16
	200	4:19.69

Age 65-69	Distance	Time
Steve Johnson	50	46.33
	100	1:34.81
	200	3:09.66

Age 70-74	Distance	Time
Rick Althoff	50	1:10.87
	100	2:57.17

Age 75-79	Distance	Time

Age 80-84	Distance	Time

Age 85-89	Distance	Time

Age 90-94	Distance	Time

Age 95-99	Distance	Time

Age 100+	Distance	Time



Sioux Falls Regional Senior Games 2023 Women's Back Crawl Swim-50/100/200 Yards

e 50-54	Distance	Time	Age 75-79	Distance
ge 30-34	Distance	Tille		
	I		Age 80-84	Distance
Age 55-59	Distance	Time		
			Age 85-89	Distance
	l			
Age 60-64	Distance	Time		
			Age 90-94	Distance
Age 65-69	Distance	Time		
Kerry McNeil	50	1:49	Age 95-99	Distance
	100	3:54		
	200	7:55		
Age 70-74	Distance	Time	Age 100+	Distance



Sioux Falls Regional Senior Games 2023 Men's Breast Stroke Swim-50/100 Yards

Age 50-54	Distance	Time

Age 55-59	Distance	Time
Ron Kachena	50	48.59
	100	1:40.88

Age 60-64	Distance	Time
Ron Kachena	50	48.59
	100	1:40.88

Age 65-69	Distance	Time
Steve Johnson	50	50.31

Age 70-74	Distance	Time
Rick Althoff	50	1:09

Age 75-79	Distance	Time

Age 80-84	Distance	Time

Age 85-89	Distance	Time

Age 90-94	Distance	Time

Age 95-99	Distance	Time

Distance	Time
	Distance



Sioux Falls Regional Senior Games 2023 Women's Breast Stroke Swim-50/100 Yards

ge 50-54	Distance	Time	Age 75-79	Distance
ge 50-54	Distance	Time		
			Age 80-84	Distance
Age 55-59	Distance	Time		
			Age 85-89	Distance
Age 60-64	Distance	Time		
	Distance	Tillic		
			Age 90-94	Distance
Age 65-69	Distance	Time		
Kerry McNeil	50	1:58		
	100	4:06	Age 95-99	Distance
Age 70-74	Distance	Time		
			Age 100+	Distance
		1 1		



Sioux Falls Regional Senior Games 2023 Men's Butterfly Swim-25/50/100 Yards

Age 50-54	Distance	Time

Age 55-59	Distance	Time

Age 60-64	Distance	Time

Age 65-69	Distance	Time
Steve Johnson	25	21.65
	50	46.42
	100	1:37.62

Age 70-74	Distance	Time
Rick Althoff	25	24.74

Age 75-79	Distance	Time

Age 80-84	Distance	Time

Age 85-89	Distance	Time

Age 90-94	Distance	Time

Distance	Time
	Distance

Age 100+	Distance	Time



Sioux Falls Regional Senior Games 2023 Women's Butterfly Swim-25/50/100 Yards

Age 50-54	Distance	Time
-6	2.5531166	
A G O F F F O	Distance	Times
Age 55-59	Distance	Time
Age 60-64	Distance	Time
Age 65-69	Distance	Time
Age 70-74	Distance	Time



Sioux Falls Regional Senior Games 2023 Men's Running-200 Meter Dash

Age 50-54	Time	Place

Age 55-59	Time	Place

Age 60-64	Time	Place

Age 65-69	Time	Place
Dale Stradinger	33.41	1 st
Terry Stoterau	37.41	2 nd
George Bregier	52.81	3rd

Age 70-74	Time	Place
Rick Althoff	39.22	1st

Age 75-79	Time	Place

Age 80-84	Time	Place

Age 85-89	Time	Place

Age 90-94	Time	Place

Age 95-99	Time	Place

Age 100+	Time	Place



Sioux Falls Regional Senior Games 2023 Women's Running-200 Meter Dash

Time	Place	Age 75-79	Time	Place
Time	Place	Age 80-84	Time	Place
Time	Place	Age 85-80	Time	Place
			Time	Flace
L.	<u></u>	Age 90-94	Time	Place
Time	Place			
		Age 95-99	Time	Place
Time	Place			
		Age 100+	Time	Place
				I
	Time 46:	Time Place 46:59 Time Place	Time Place Age 80-84	Time Place Age 80-84 Time Age 85-89 Time Age 90-94 Time Time Place Age 95-99 Time



SIOUX FALLS PARKS & RECREATION Sioux Falls Regional Senior Games 2023

Men's Running-800 Meter

Age 50-54	Time	Place	Age 75-79	Time	Pla
	·			_	-1
Age 55-59	Time	Place	Age 80-84	Time	Pla
			Age 85-89	Time	Plac
Age 60-64	Time	Place			
			Age 90-94	Time	Pla
Age 65-69	Time	Place			
George Bregier	3:52				
			Age 95-99	Time	Pla
Age 70-74	Time	Place			
Age 70-74	Time	racc			
			Age 100+	Time	Plac



Sioux Falls Regional Senior Games 2023 Women's Running-800 Meter

ge 50-54	Time	Place
Age 55-59	Time	Place
Mary Carlson	3:46.97	
l		
	'	
		1
Age 60-64	Time	Place
-	'	•
Age 65-69	Time	Place
	·	
Age 70-74	Time	Place
	·	•



Sioux Falls Regional Senior Games 2023 Men's & Women's Walk Race-800 Meter

Age 50-54	n a /=		DI	A 7F 70	25/2	- •	
Age 50-54	M/F	Time	Place	Age 75-79	M/F	Time	
							_
				Age 80-84	M/F	Time	
Age 55-59	M/F	Time	Place	Arlene Bich	F	10:58	
				Age 85-89	M/F	Time	
				Agc 03-03	141/1	Tillic	
Age 60-64	M/F	Time	Place				
				Age 90-94	M/F	Time	
Age 65-69	M/F	Time	Place				
				Age 95-99	M/F	Time	
		_					
Age 70-74	M/F	Time	Place				
Terry Iverson	M	6:15.57					
				Age 100+	M/F	Time	
						1	_



Sioux Falls Regional Senior Games 2023 Men's & Women's Walk Race-1,500 Meter

ge 50-54	M/F	Time	Place	Age 75-79	M/F	Time
<u> </u>	141/1	Time	lacc			
				Age 80-84	M/F	Time
Age 55-59	M/F	Time	Place			
				A = 0 0 00	M/F	Time
				Age 85-89	IVI/ F	Time
Age 60-64	M/F	Time	Place			
				Age 90-94	M/F	Time
		L.				
Age 65-69	M/F	Time	Place			
				Age 95-99	M/F	Time
Age 70-74	M/F	Time	Place			
Terry Iverson	M	12:28.62				
				Age 100+	M/F	Time
					,	



Sioux Falls Regional Senior Games 2023 Men's Running-50 Meter Dash

Age 50-54	Time	Place

Age 55-59	Time	Place

Age 60-64	Time	Place
Tim Frandsen	8.00	1st

Age 65-69	Time	Place
Dale Stradinger	8.58	1 st
George Bregier	9.56	2nd

Age 70-74	Time	Place
Terry Iverson	14.00	2nd
Rick Althoff	8.84	1 st

Age 75-79	Time	Place

Age 80-84	Time	Place

Age 85-89	Time	Place
Lloyd Kempf	10.5	3 1st

Age 90-94	Time	Place

Age 95-99	Time	Place

Age 100+	Time	Place



Sioux Falls Regional Senior Games 2023 Women's Running-50 Meter Dash

Age 50-54	Time	Place		Age 75-79	Time	Place
Ago FF F0	Time	Place		Age 80-84	Time	Place
Age 55-59 Mary Carlson		.16	1st	Harriet Kaufman	14	1.91
Age 60-64	Time	Place		Age 85-89	Time	Place
Judy Weidler	9.	.44	1st			
Age 65-69	Time	Place		Age 90-94	Time	Place
		11000				
	I			Age 95-99	Time	Place
Age 70-74	Time	Place				
				Age 100+	Time	Place



Men's Running-100 Meter Dash

Age 50-54	Time	Place

Age 55-59	Time	Place

Age 60-64	Time	Place
Stan Hermann	14.72	1st

Age 65-69	Time	Place
Dale Stradinger	14.75	1 st
George Bregier	20.47	2nd

Age 70-74	Time	Place
Terry Iverson	25.53	2 nd
Rick Althoff	17.00	1st

Age 75-79	Time	Place

Age 80-84	Time	Place

Age 85-89	Time	Place
Lloyd Kempf	20	.79 1s ⁻

Age 90-94	Time	Place

Age 95-99	Time	Place

Age 100+	Time	Place



Sioux Falls Regional Senior Games 2023 Women's Running-100 Meter Dash

Age 50-54	Time	Place	Age 75-79	Time	Pla
Age 55-59	Time	Place	Age 80-84	Time	Pla
-80 00 00		1000			
		21	Age 85-89	Time	Plac
Age 60-64	Time	Place	1 04		
Judy Wiedler	1,	7.48	1st		
		<u> </u>	Age 90-94	Time	Plac
Age 65-69	Time	Place			
			Age 95-99	Time	Plac
Age 70-74	Time	Place			
			Age 100+	Time	Plac



Sioux Falls Regional Senior Games 2023 Men's Running-400 Meter Dash

Age 55-59 Time Place Age 85-89 Time Place Age 85-89 Time Place Age 90-94 Time Place Dale Stradinger 1:20.53 Terry Stoterau 1:20.50 Time Place Rick Althoff 1:47.25 1st	Age 50-54	Time	Place		Age 75-79	Time	Plac
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Age 70-74 Time Place Rick Althoff 1:47.25 1st	Terry Stoterau	1:20.50	0	1st			
Rick Althoff 1:47.25 1st	George Bregier	2:01.12	2	3rd			
Rick Althoff 1:47.25 1st	Age 70-74	Time	Place		Age 95-99	Time	Place
Age 100+ Time P			5	1st			
Age 100+ Time P							
Age 100+ Time P							
Age 100+ Time P							
					Age 100+	Time	Place



Sioux Falls Regional Senior Games 2023 Men's & Women's Walk 400 Meter Walk

Age 50-54	M/F	Time	Place	Age 75-79	M/F	Time	Plac
	20/5		p.I.	Age 80-84	M/F	Time	Place
Age 55-59	M/F	Time	Place	Arlene Bich	F	5:26	1st
	<u> </u>	l		Age 85-89	M/F	Time	Plac
Age 60-64	M/F	Time	Place				
					20/5	_	
				Age 90-94	M/F	Time	Place
\ge 65-69	M/F	Time	Place				
				Age 95-99	M/F	Time	Place
Age 70-74	M/F	Time	Place				
				Age 100+	M/F	Time	Place



Sioux Falls Regional Senior Games 2023 Men's & Women's Run Race-1,500 Meter

Age 50-54	M/F	Distance	Time

Age 55-59	M/F	Distance	Time

Age 60-64	M/F	Distance	Time
Stan Hermann	M	1500	7:00.98

Age 65-69	M/F	Distance	Time
George Bregier	M	1500	8:18.27

Age 70-74	M/F	Distance	Time

Age 75-79	M/F	Distance	Time

Age 80-84	M/F	Distance	Time

Age 85-89	M/F	Distance	Time

Age 90-94	M/F	Distance	Time

Age 95-99	M/F	Distance	Time
Age 100+	M/F	Distance	Time

	Age 100+	M/F	Distance	Time
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Discus

Double in out	0.00	M/F	Furthest	Diago	Thursun 1	Thursun 3	Thurs 2	Thursun A
Participant	Age	IVI/F	Distance	Place	I mrow 1	Inrow 2	Inrow 3	Throw 4
Dave Saari	60-64	M	106′ 4″	2nd				
Dennis Hinckley	70-74	М	64′ 8.5″	2nd				
Michael Kezar Jr.	50-54	М	64′ 1″	1st				
Tim Frandsen	60-64	М	94′ 3″	4th				
Stan Herrmann	60-64	М	111" 4"	1st				
Rick Althoff	70-74	М	53′	3rd				
Lance Platt	65-69	М	48' .5"	2nd				
Dan Melbrech	70-74	М	129′ 4″	1st				
Nancy Tesdall	55-59	F	80′ 9″	1st				
Harriet Kaufman	80-84	F	36′ 7″	T- 1st				
Doug Roby	60-64	М	102′ 7″	3rd				
Howard Bich	80-84	М	71′	1st				
Lloyd Kempf	84-89	М	67′ .5″	2nd				
Audrey Kempf	80-84	F	36′ 7″	T-1st				
Mary Carlson	55-59	F	65′ 9″	2nd				
Mike Vanekamp	75-79	М	101′ 8.5″	1st				
Jim Squires	65-69	М	124′ 11″	1st				



Javelin

			Furthest					
Participant	Age	M/F	Distance	Place	Throw 1	Throw 2	Throw 3	Throw 4
Dave Saari	60-64	М	68′ 10″	4 th				
Dennis Hinckley	70-74	М	85′ 9″	1 st				
Tim Frandsen	60-64	М	100′	2 nd				
Stan Herrmann	60-64	М	103′ 4.5″	1 st				
Rick Althoff	70-74	М	68′ 9″	2 nd				
Nancy Tesdall	55-59	F	57′ 8″	1 st				
Harriet Kaufman	80-84	F	24′ 8″	2 nd				
Doug Roby	60-64	М	98′ 7″	3 rd				
Howard Bich	80-84	М	72′ 10″	1 st				
Audrey Kempf	80-84	F	28'	1 st				
Mary Carlson	55-59	F	67′ 5″	1 st				
Mike Vanekamp	75-79	М	98′ 3″	1 st				



Softball Throw

Participant	Age	M/F	Furthest Distance	Place	Throw 1	Throw 2	Throw 3
Dennis Hinckley	70-74	М	110′ 7″	1 st	110′ 7″	108′ 8″	99′ 8″
Michael Kezar Jr.	50-54	М	60′	1 st	56′ 6″	60′	59′ 3″
Judy Weidler	60-64	F	104′ 9″	1 st	90′ 1″	92′ 8″	104′ 9″
Tim Frandsen	60-64	М	130′ 4″	3rd	115′ 3″	130′ 4″	-
Stan Herrmann	60-64	М	174′ 9″	1 st	164′ 10″	173′ 9″	174′ 9″
Rick Althoff	70-74	М	96′ 7″	2 nd	96′ 7″	91′ 4″	94′ 2″
Nancy Tesdall	55-59	F	90′	2 nd	83′ 5″	90′	87′ 8″
Harriet Kaufman	80-84	F	50′ 8″	1 st	48′ 8″	37′ 2″	50′ 8″
Doug Roby	60-64	М	143′5″	2 nd	132′ 4″	124′ 8″	143′ 5″
Howard Bich	80-84	М	102′ 9″	1 st	84′ 9″	99′ 1″	102′ 9″
Audrey Kempf	80-84	F	32′ 3″	2 nd	32′ 3″	-	-
Mary Carlson	55-59	F	107′ 10″	1 st	99′ 9″	107′ 10″	97'
Mike Vanekamp	75-79	М	133′ 4″	1 st	131′ 3″	128′ 8″	133′ 4″
Arlene Bich	80-84	F	31′6″	3 rd	31′ 6″	-	-



Shotput

			Furthest					
Participant	Age	M/F	Distance	Place	Throw 1	Throw 2	Throw 3	Throw 4
Dennis Hinckley	70-74	М	28′ 7″	2 nd				
Michael Kezar Jr.	50-54	М	23′ 1.5″	1 st				
Stan Herrmann	60-64	М	30′ 7.25″	2 nd				
Rick Althoff	70-74	М	27′ .5″	3rd				
Lance Platt	65-69	М	17′ 8″	2 nd				
Dan Melbrech	70-74	М	39′ 3″	1 st				
Nancy Tesdall	55-59	F	29′ 2.5″	2 nd				
Harriet Kaufman	80-84	F	17′ 3″	1 st				
Doug Roby	60-64	М	31′ 3″	1 st				
Howard Bich	80-84	М	28' .75"	1 st				
Audrey Kempf	80-84	F	16' .75"	2 nd				
Mary Carlson	55-59	F	31′ 9″	1 st				
Mike Vanekamp	75-79	М	29′ 6″	1 st				
Jim Squires	65-69	М	36′ 3″	1st				



High Jump

Participant	Age	M/F	Height	Place
Dennis Hinckley	70-74	M	3′ 2″	3 rd
Howard Burns	70-74	M	3′ 11″	T-2 nd
Tim Frandsen	60-64	M	4' 7"	1 st
Rick Althoff	70-74	М	3′ 11″	T- 2 nd
Dan Melbrech	70-74	M	4′ 6″	1 st
Howard Bich	80-84	М	3′ 1″	1st



Running Long Jump

			Furthest				
Participant	Age	M/F	Distance	Place	Jump 1	Jump 2	Jump 3
Rick Althoff	70-74	М	11′ 7″	1 st	10′ 4″	11'	11′ 7″
Harriet Kaufman	80-84	F	6′ 2″	1 st	6′	-	6′ 2″
Howard Bich	80-84	М	6′ 11″	1 st	5′ 7″	6′ 6″	6′ 11″
Mary Carlson	55-59	F	10′ 1″	1st	9′ 4″	9′ 9″	10′ 1″
Dale Stradinger	65-69	М	13′ 7″	1 st	13′ 7″	13′ 1″	-
Judy Weidler	60-64	F	9′ 9″	1st	9′ 9″	-	-



Standing Long Jump

Participant	Age	M/F	Furthest Distance	Place	Jump 1	Jump 2	Jump 3
Dennis Hinckley	70-74	М	6′ 6″		6′ 1″	6′ 2″	6′ 6″
Judy Weidler	60-64	F	6′ 3″		5′ 10″	6′ 3″	6'
Tim Frandsen	60-64	М	8'		7′ 3″	7' 7"	8'
Stan Herrmann	60-64	М	8'		7′ 8″	8'	7′ 8″
Rick Althoff	70-74	М	7′ 9″		7′ 9″	7′ 4″	7' 6"
Harriet Kaufman	80-84	F	4′ 1″		3′ 11″	4′ 1″	4'
Howard Bich	80-84	М	5′ 10″		5′	5′ 10″	5′ 9″
Mary Carlson	55-59	F	7′		6′ 6″	6′ 8″	7'
Dale Stradinger	65-69	М	7′ 4″		7′	7′ 4″	-



Sioux Falls Regional Senior Games 2023 Men's Table Tennis-Singles

Age 40-44	Score	Place	Age 75-79	Score	Place
			Terry Bong	11	L 1st
Age 45-49	Score	Place	Age 80-84	Score	Place
Age 50-54	Score	Place	Age 85-89	Score	Place
					1
Age 55-59	Score	Place	Age 90-94	Score	Place
Magic Walton	1:	1 1st			
Age 60-64	Score	Place	Age 95-99	Score	Place
Age 65-69	Score	Place	Age 100+	Score	Place
7.80 03 03	30010	i iucc			
Age 70-74	Score	Place			
Dennis Hinckley	1	1 1 st			
Rick Althoff		- 2nd			



Men's 8 Ball Pool

Women's 8 Ball Pool

Participant - Singles	Age	Place
Dennis Hinckley	70-74	1 st
Rick Althoff	70-74	2 nd
Terry Bong	75-79	1 st
Howard Bich	80-84	2 nd
Kent Rolfing	80-84	1st

Participant - Singles	Age	Place
Priscilla Young	70-74	1st



Men's Horseshoes

Age 40-44	Score	Place	Age 75-79	Score	Place
			Terry Bong	42	2 1st
Age 45-49	Score	Place	Age 80-84	Score	Place
			Ervin Brucklacher	36	5 1st
Age 50-54	Score	Place	Age 85-89	Score	Place
Michael Kezar Jr.		27	1st		
Age 55-59	Score	Place	Age 90-94	Score	Place
Age 60-64	Score	Place	Age 95-99	Score	Place
Age 65-69	Score	Place	Age 100+	Score	Place
Age 70-74	Score	Place	4 - 4		
Dennis Hinckley			1st		
Rick Althoff		50	3 rd		

Marty Larsen

54

2nd



Sioux Falls Regional Senior Games 2023 Women's Horseshoes

Age 40-44	Score	Place	Age 75-79	Score	Place
Age 45-49	Score	Place	Age 80-84	Score	Place
			Arlene Bich		9 1st
Age 50-54	Score	Place	Age 85-89	Score	Place
Age 55-59	Score	Place	Age 90-94	Score	Place
Age 60-64	Score	Place	Age 95-99	Score	Place
Age 65-69	Score	Place	Age 100+	Score	Place
Age 70-74	Score	Place			