



Sioux Falls Regional Senior Games 2025

Basketball-Field Goals

Participant	Age	Field Goals	Place
Lloyd Kempf	90-94	21	1 st
Paul Orcutt	60-64	21	1 st

Basketball- Free Throws

Participant	Age	Free Throws	Place
Lloyd Kempf	90-94	18	1 st
Paul Orcutt	60-64	13	1 st
Jeff Paulsen	65-69	7	1 st

Basketball- 3 Pointers

Participant	Age	3-pointer	Place
Paul Orcutt	60-64	12	1 st
Jeff Paulsen	65-69	5	1 st



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Men's Bowling-Singles

Age 50-54	Score	Place
Michael Kezar	295	1 st

Age 60-64	Score	Place
Kelly Mernin	709	1 st

Age 65-69	Score	Place
Jerel Pfaff	518	1 st
Scott Peterson	504	2 nd

Age 70-74	Score	Place
Ron Weidler	587	2 nd
Dan Mehlbrech	675	1 st
Jerry Carr	496	3 rd
Delmer Wolkow	323	4 th

Age 75-79	Score	Place
Paul Miersma	530	1 st



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Women's Bowling-Singles

Age 65-69	Score	Place
Judy Weidler	483	2 nd
Lee Pfaff	402	3 rd
Sharon Mernin	542	1 st

Age 70-74	Score	Place
Elaine Wolkow	373	1 st

Age 80-84	Score	Place
Mary Fittje	416	1 st



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Men's Bowling-Doubles

Age 65-69		Score
Name:	Paul Miersma	964
Partner:	Scott Peterson	
Name:	Jerel Pfaff	991
Partner:	Ron Weidler	



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Women's Bowling-Doubles

Age 65-69		Score
Name:	Judy Weidler	
Partner:	Lee Ann Pfaff	895



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Mixed Bowling-Doubles

Age 60-64		Score
Name:	Kelly Mernin	
Partner:	Sharon Mernin	1047

Age 65-69		Score
Name:	Jerel Pfaff	
Partner:	Lee Pfaff	885
Name:	Judy Weidler	
Partner:	Ron Weidler	1064

Age 70-74		Score
Name:	Delmer Wolkow	
Partner:	Elaine Wolkow	732

Age 75-79		Score
Name:	Paul Miersma	
Partner:	Mary Fittje	909



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Men's Horseshoes

Age 70-74	Score	Place
Dennis Hinchley	73	1st



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Pickleball-Mixed Doubles

Age 50-54		Score
Name:	Chad White	
Partner:	Sue Bull	1st

Age 55-59		Score
Name:	Sarah Ailts	2nd
Partner:	David Flynt	
Name:	Jackie Boer	1st
Partner	Mike Thelen	

Age 60-64		Score
Name:	Sue Stahl	1st
Partner:	Brian Stahl	

Age 65-69		Score
Name:	Carol Shade	1st
Partner:	Doug Smook	
Name:	Doug Ritter	4th
Partner:	Debbie Ritter	
Name:	Linda Erickson	2 nd
Partner:	Craig Nelson	
Name:	Carolyn Ellwanger	3rd
Partner:	Reid Bird	



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Pickleball-Men's Doubles

Age 55-59		Score
Name:	Magic Walton	2nd
Partner:	Allen Pierce	
Name:	Paul Gerhart	1st
Partner:	Kurt Whaley	

Age 65-69		Score
Name:	David Flynt	1st
Partner:	Mike Thelen	



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Pickleball- Women's Doubles

Age 55-59		Score
Name:	Sarah Ailts	
Partner:	Jackie Boer	1st

Age 60-64		Score
Name:	Donna Manzey	
Partner:	Delores Morgan	1st

Age 65-69		Score
Name:	Carol Shade	
Partner:	Linda Erickson	1st
Name:	Carolyn Ellwanger	
Partner:	Cheri VanValkenburg	2nd



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Men's Table Tennis-Singles

Age 55-59	Score	Place
Paul Nikolas		1st

Age 60-64	Score	Place
Steve Jones		1st

Age 80-84	Score	Place
Terry Bong	2	1st
Henry Buss	0	2nd



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Men's Table Tennis-Doubles

Age 60-64	Score
Name: Steve Jones	1st
Partner: Terry Bong	



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Men's 8 Ball Pool

Women's 8 Ball Pool



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BEAN BAGS

Men's Bean Bags

Women's Bean Bags



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SHUFFLEBOARD

Men's Shuffleboard

Women's Shuffleboard



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Men's Running-200 Meter Dash

Age 60-64	Time	Place
Paul Orcutt	34.13	1st

Age 80-84	Time	Place
Richard Burgard	49.40	1st



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Men's Running-800 Meter

Age 60-64	Time	Place
Paul Orcutt	2:58	1st



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Men's & Women's Walk Race-800 Meter

Age 65-69	M/F	Time	Place
Debbie Ritter	F	4:50	1st
Jeff Paulsen	M		DNP
Corilee Pedersen	F		DNP

Age 70-74	M/F	Time	Place
Delmer Wolkow	M	6:17	1 st
Terry Iverson	M	6:27	2 nd



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Men's & Women's Walk Race-1,500 Meter

Age 65-69	M/F	Time	Place
Debbie Ritter	F	8:47.13	1 st
Jeff Paulsen	M		DNP
Corilee Pedersen	F		DNP

Age 70-74	M/F	Time	Place
Delmer Wolkow	M	12:05.81	1 st
Terry Iverson	M	13:02.84	2 nd



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Men's Running-50 Meter Dash

Age 55-59	Time	Place
Rickey Starks		DNP
Scott Smith	7.57	1st

Age 60-64	Time	Place
Jeff Schmidt	11.72	1st

Age 70-74	Time	Place
Terry Iverson	12.25	1st

Age 90-94	Time	Place
Lloyd Kempf	11.19	1st



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Women's Running-50 Meter Dash

Age 55-59	Time	Place
Harriet Kaufman	16.94	1st

Age 60-64	Time	Place
Mary Meierhenry	8.38	1st

Age 65-69	Time	Place
Judy Weidler	10.09	1st



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Men's Running-100 Meter Dash

Age 70-74	Time	Place
Terry Iverson	24.16	1 st

Age 90-94	Time	Place
Lloyd Kempf	26.25	1 st



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Women's Running-100 Meter Dash

Age 60-64	Time	Place
Mary Meierhenry	16.06	

Age 65-69	Time	Place
Judy Weidler	21.63	



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Men's Running-400 Meter Dash

Age 55-59	Time	Place
Scott Smith	1:41.40	1 st

Age 65-69	Time	Place
Terry Stoterau	1:41.59	1 st



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Women's Running-400 Meter Dash

Age 55-59	Time	Place
Mary Meierhenry	1:25.44	1 st



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Men's & Women's Walk 400 Meter Walk

Age 65-69	M/F	Time	Place
Judy Weidler	F	2:51.53	2 nd
Debbie Ritter	F	2:20.60	1 st

Age 70-74	M/F	Time	Place
Elaine Wolkow	F	4:21.16	1 st
Delmer Wolkow	M	2:28.09	1 st
Terry Iverson	M	2:54.13	2 nd



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Discus

Participant	Age	M/F	Furthest Distance	Place	Throw 1	Throw 2	Throw 3	Throw 4
Judy Weidler	65-69	F	44'6"	1st				
Dennis Hinchley	70-74	M	66'4"	2nd				
Lance Platt	70-74	M	52'3"	3rd				
Michael Venekamp	75-79	M	93'11"	1st				
Tim Frandsen	60-64	M	88'9"	2nd				
Tim Bjorkman	65-69	M		DNP				
Dan Mehlbrech	70-74	M	127'11"	1st				
Audrey Kempf	85-89	F	31'9.5"	1st				
Lloyd Kempf	90-94	M	58'5"	1st				
Stan Herrmann	60-64	M	108'8"	1st				
Rickey Starks	55-59	M	75'10.5"	1st				
Richard Burgard	80-84	M		DNP				
Jeff Paulsen	65-69	M	61'5"	3rd				
Jim Squires	65-69	M	118'6"	2nd				
Scott Smith	55-59	M		DNP				
Brian Roegiers	65-69	M	125'4"	1st				
Harriet Kaufman	85-89	F	28'6"	2nd				
<i>Michael Kezar</i>	50-54	<i>M</i>	55'11"	<i>1st</i>				



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Javelin

Participant	Age	M/F	Furthest Distance	Place	Throw 1	Throw 2	Throw 3	Throw 4
Dennis Hinchley	70-74	M	73'6"	2nd				
Lance Platt	70-74	M		DNP				
Michael Venekamp	75-79	M	83'7"	1st				
Tim Frandsen	60-64	M	99'4"	2nd				
Tim Bjorkman	65-69	M		DNP				
Dan Mehlbrech	70-74	M	96'4"	1st				
Audrey Kempf	85-89	F		DNP				
Lloyd Kempf	90-94	M	49'0"	1st				
Stan Herrmann	60-64	M	116'0"	1st				
Rickey Starks	55-59	M	35'11"	2nd				
Richard Burgard	80-84	M		DNP				
Jeff Paulsen	65-69	M	34'3"	2nd				
Scott Smith	55-59	M	88'0"	1st				
Brian Roegiers	65-69	M	85'4"	1st				
Harriet Kaufman	85-89	F	26'3"	1st				
Michael Kezar	50-54	M	41'1"	1st				



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Softball Throw

Participant	Age	M/F	Furthest Distance	Place	Throw 1	Throw 2	Throw 3
Judy Weidler	65-69	F	84'7"	1st			
Dennis Hinchley	70-74	M	104'10"	1st			
Lance Platt	70-74	M		DNP			
Michael Venekamp	75-79	M	111'6"	1st			
Tim Frandsen	60-64	M	19'1"	2nd			
Tim Bjorkman	65-69	M		DNP			
Dan Mehlbrech	70-74	M		DNP			
Audrey Kempf	85-89	F		DNP			
Stan Herrmann	60-64	M	164'1"	1st			
Rickey Starks	55-59	M	89'11"	2nd			
Richard Burgard	90-84	M	114'1"	1st			
Jeff Paulsen	65-69	M	97'5"	2nd			
Scott Smith	55-59	M	14'2"	3rd			
Paul Nikolas	55-59	M	150'7"	1st			
Harriet Kaufman	85-89	F	47'4"	1st			
Terry Stoterau	65-69	M	114'	1st			
Michael Kezar	50-54	M	57'4"	1st			



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Shotput

Participant	Age	M/F	Furthest Distance	Place	Throw 1	Throw 2	Throw 3	Throw 4
Judy Weidler	65-69	F	21'1"	1st				
Dennis Hinchley	70-74	M	24'0"	2nd				
Lance Platt	70-74	M	20'2"	3rd				
Michael Venekamp	75-79	M	31'7"	1st				
Tim Bjorkman	65-69	M		DNP				
Dan Mehlbrech	70-74	M	40'0"	1st				
Audrey Kempf	85-89	F	13'5.5"	2nd				
Stan Herrmann	60-64	M	33'3.5"	1st				
Rickey Starks	55-59	M	29'10"	2nd				
Terry Stoterau	65-69	M	26'9"	3rd				
Richard Burgard	90-84	M		DNP				
Jeff Paulsen	65-69	M	21'5"	4th				
Jim Squires	65-69	M	33'2"	2nd				
Scott Smith	55-59	M	30'8"	1st				
Brian Roegiers	65-69	M	38'10"	1st				
Michael Kezar	50-54	M	22'11"	1st				
Mary Meierhenry	60-65	F	21'0"	1st				
Harriet Kaufman	85-89	F	15'9"	1st				



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High Jump

Participant	Age	M/F	Height	Place
Kenneth Flint	75-79	M		DNP
Dennis Hinchley	70-74	M		DNP
Tim Frandsen	60-64	M	3'8"	2 nd
Dan Mehlbrech	70-74	M	4'6"	1 st
Lloyd Kempf	90-94	M	3'0"	1 st
Paul Orcutt	60-64	M	4'4"	1 st
Richard Burgard	80-84	M	3'8"	1 st
Mary Meierhenry	60-64	F	3'6"	1 st



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Running Long Jump

Participant	Age	M/F	Furthest Distance	Place	Jump 1	Jump 2	Jump 3
Judy Weidler	65-69	F	8'6"	1 st			
Kenneth Flint	75-79	M		DNP			
Dan Mehlbrech	70-74	M		DNP			
Stan Herrmann	60-64	M		DNP			
Paul Nikolas	55-59	M	9'11"	1 st			
Harriet Kaufman	85-89	F	5'10"	1 st			
Terry Stoterau	65-69	M	10'10"	1 st			
Mary Meierhenry	60-65	F	12'1"	1 st			
Richard Burgard	80-84	M	9'10"	1 st			
Jeff Paulson	65-69	M	8'6"	2 nd			



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Standing Long Jump

Participant	Age	M/F	Furthest Distance	Place	Jump 1	Jump 2	Jump 3
Judy Weider	65-69	F	5'4"	1st			
Kenneth Flint	75-79	M		DNP			
Dennis Hinchley	70-74	M	5'4"	1st			
Dan Mehlbrech	70-74	M		DNP			
Stan Herrmann	60-64	M		DNP			
Paul Nikolas	55-59	M	6'11"	1st			
Harriet Kaufman	85-89	F	3'11"	1st			
Terry Stoterau	65-69	M	6'10"	1st			
Richard Burgard	80-84	M	6'9"	1st			
Jeff Paulson	65-69	M	6'6"	2nd			