

# Our Community's Health

## 2025 Community Health Assessment

The Community Health Assessment (CHA) for the Sioux Falls MSA provides a comprehensive overview of the population's health and disease prevalence. Designed to identify strengths and areas for improvement, the CHA fosters collaboration and innovation to enhance community health. Utilizing data from resident surveys, focus groups, and secondary sources, the process identifies three key health priorities based on feasibility and impact. Findings from the CHA serve as a foundation for aligning expertise and developing strategies to drive measurable improvements in public health outcomes.

### Top 3 Health Priorities

HEALTHY LIVING

01

Includes chronic disease management, healthy behaviors, fall prevention, and social determinants of health.

ADOLESCENT MENTAL HEALTH

02

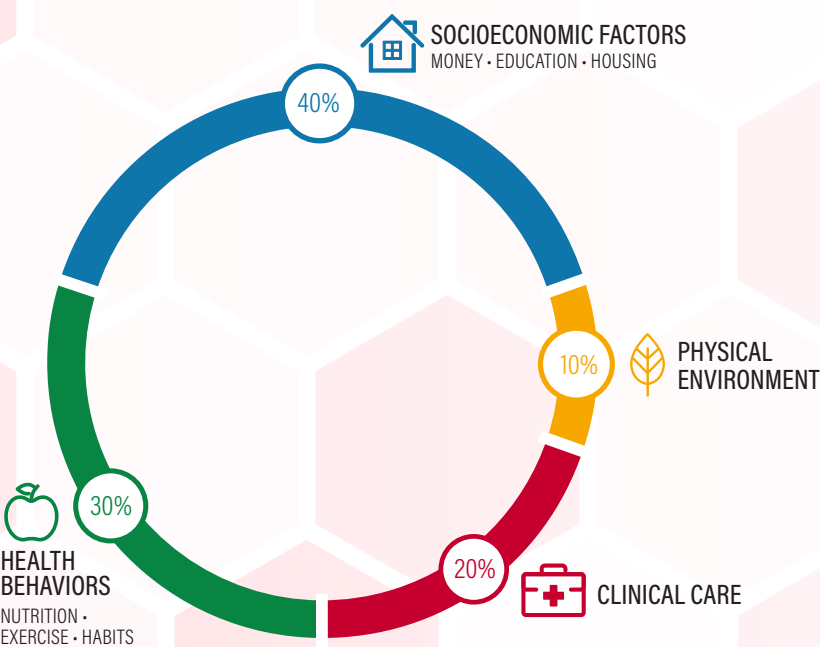
Includes mental health diagnoses, access, substance use, and screen time.

ACCESS TO CARE

03

Includes health care affordability, transportation, and specialty care, particularly for oral health.

### What Makes Us Healthy



### Cost of Chronic Disease in South Dakota



# Key Indicators in the Sioux Falls MSA



**66%**  
rate affordable  
housing as  
fair/poor



**18.8%** of adults  
consume  
vegetables less  
than once per  
day

**16.8%**  
of adults  
have a  
depression  
diagnosis



**Only 29%** of  
surveyed adults  
positively  
rated public  
transportation

**11%** of adults  
and **5.2%** of  
children are  
uninsured



**2.4%**  
population  
growth in  
2023

**9.2%**  
of adults are  
food insecure

**Chlamydia &  
Syphilis cases**  
in the MSA  
exceed  
national rates

**17 year**  
difference in life  
expectancy among  
Sioux Falls  
census tracts



**37%**  
of adults  
with obesity

**38**  
out of  
**100**  
WalkScore

**Cancer and  
heart disease**  
are the leading  
causes of death



**19.8%**  
of adults  
binge drink



**27.1%** of  
adults do not  
get an annual  
dental visit

**28%**  
of adults diagnosed  
with hypertension

**26%** of a sample  
of Sioux Falls  
elementary  
school students  
have signs of  
tooth decay

**64%**  
have concerns  
about accessing  
childcare, daycare,  
and preschool

**11.5%**  
of adults reporting  
their mental  
health status  
was "Not Good"  
for 14+ days



**24.4%** of adults  
do not participate  
in leisure time  
physical activity

**40.5%** of adults  
consume fruits  
less than once  
per day



**12.3 %** adult  
smoking rate

**8.5%**  
of households  
lack internet  
connection at  
home

**34%**  
of driving deaths  
in the MSA have  
alcohol  
involvement